
SOCIETY FOR PROMOTION OF YOUTH AND MASSES

ANNUAL REPORT



2018-19

SPYM Centre, Opposite Sector B-4 Vasant Kunj, New Delhi

CONTENTS

I.	Background.....	1
II.	Key Highlights 2018-19.....	2
III.	Children & Substance Use.....	3
IV.	Drug De-Addiction Programs for Drug Using Children.....	4
V.	Working With Children in Community.....	8
VI.	Treatment Program for Adults.....	13
VII.	Prison Based Intervention.....	16
VIII.	Regional Resource & Training Centre.....	17
IX.	Vocational Skill Building.....	18
X.	HIV/AIDS Prevention.....	20
XI.	Homeless Community Empowerment.....	21
XII.	Community Development in Mewat.....	24
XIII.	Research & Survey.....	25
XIV.	Events & Conferences.....	26
XV.	Recognitions & Awards.....	30
XVI.	Memberships & Awards.....	31

BACKGROUND

SPYM is a national organisation with a countrywide network, working in the area of health and socio-economic development since last three decades.

SPYM has been active at the state, national and international levels in the domains of:

- Health care (Reproductive & sexual health, HIV/AIDS, Drug Use etc.,)
- Field Survey, Research, and Documentation
- Advocacy & Networking for better policy development
- Community mobilization & leadership development

AIMS & OBJECTIVES

SPYM works with the most marginalized, vulnerable and downtrodden sections of the society. Key areas of focus are as follows:

1. To empower youth and women with adequate life skills and inculcate leadership qualities.
2. To empower and support recovery of drug dependent adolescents and youth.
3. To promote reproductive health care and education for women.
4. To provide the poor, marginalized urban & rural women and youth with financial support through micro finance & skill building by way of income generation activities.
5. To organize training programs, exhibitions workshops in the handicraft sector especially for weaker sections of the society.

Mission Statement

“Provide quality services within available resources which enable people to maximize their potential, increase their abilities, preserve and enhance human dignity/worth, prevent or reduce the need for services by empowering the community to sustain the program activities on their own for their overall long term development”

2018 – 19 KEY HIGHLIGHTS

- SPYM hosted 7th NATIONAL FINGODAP CONFERENCE, attended by about 565 delegates representing 25 states/ UTs.
- SPYM conducted National Survey on 'Extent & Pattern of Substance Use in India' in the states of Punjab, Delhi, Haryana, Uttarakhand, Uttar Pradesh, Madhya Pradesh, Goa and Tripura. The survey was supported by the Ministry of Social Justice & Empowerment, Government of India. More than onelakhrespondents were interviewed under the survey.
- Focused thematic studies among homeless community members, transgenders and Female Sex Workers (FSW) is underway in the states of Delhi, Uttar Pradesh, Madhya Pradesh and Bihar. More than3000 respondents were interviewed under the ongoing survey.
- Peer led intervention– Todapur, Delhi, Chandigarh&Bengali Basti, Delhi. We reached out to about 650 children through 40 active peer educators.
- Women's collective initiative- In April 2018, SPYM started a Homeless Women's Collective called 'Sushila' in Central Delhi. With the objective of providing socio-economic help to street based women, so far 3460 women have been mobilized. SPYM has identified10 young, homeless women exhibiting leadership skills to work on mobilizing similar streetbased women in their areas, and facilitate their linkage with government entitlements, as wellas other basic health and social services
- At Chandni Chowk, Oral Substitution Therapy center is functioning where about 60 drug users are accessing services on a daily basis.
- Police training – Under the direction of the Police Commissioner of Delhi, Shri Sanjay Beniwal conducted a series of 15 Orientation Programs covering East, West, North, South, Central and New Delhidistricts, in different DCP offices as well as Police Stations to sensitize around 389 various Police Personnel.
- About 455 drivers were oriented on substance use prevention in partnership with DIAL and Delhi Police.
- National Youth Forum was organised on 23rd March 2019 and attended by about 300 adolescents and youth.
- Treatment for drug dependence was provided to about 881 children/ juveniles, 96 females/ women and709 adults across 8 locations in Delhi, Darjeeling and Chandigarh.
- 45 bedded recovery centre for ill and recuperating homeless has been established in Sarai Kale Khan. About 320 homeless persons were provided services by a trained team.
- Strengthening rehabilitation model for young inmates vulnerable to drug use- SPYM conducted seven Orientation Programs for Peer Educators on 'Facilitation

Skills'during the year 2018–2019. The average number of beneficiaries was eight. SPYM conducted the identification and assessment of 1461 drug using inmates in Mulahiza Ward through one-on-one interactions.

- Empowering youth in recovery with entrepreneurial ventures.

Some of these courses are:

- Computer Fundamentals
- Plumbing
- Stitching & Tailoring
- Mobile Repairing
- Food production
- Bakery

These courses are conducted in association with Government schemes like the Technical Education Community Outreach Scheme (TECOS) and the Pradhan Mantri Kaushal Vikas Yojna (PMKVY).

- Over 25000 children were sensitized to the consequences of drug use in

more than 100 Municipal schools in Delhi.

- Empowering rural women through microfinance facility in local banks, income generation activities of Agarbatti (incense stick)making & setting up of sanitary napkin manufacturing unit in Mewat. These activities are aimed at women empowerment and entrepreneurship skill development of women. SPYM is proud to announce the completion of the first batch of training and capacity building for establishment of Agarbatti Cluster in Block Hathin, District Palwal, Haryana.
- 112769 homeless lives have been assisted through rescue service, and of those rescued, about 3980 have been shifted to shelter homes, old age homes, recovery shelters, drug treatment centers, hospitals and children homes.
- 1515 homeless children, women and adults served life-saving meals daily at various locations in Delhi.

CHILDREN & SUBSTANCE USE

Preventive Education for School Children

AWARENESS PROGRAMS IN GOVERNMENT SCHOOLS

SPYM organized a series of awareness sessions in Delhi Government and Municipal Schools on the Prevention and Early Identification of Children, vulnerable to drug use.

As part of these interactive sessions, slogan, poster making and quiz competitions were organized among the school children based on what they have learnt to gauge their understanding and help spread awareness.



This year, school programs were organized in collaboration with National Institute of Social Defense, Govt. of India. Other collaborators were the Special Unit for Women and Children, Delhi Police, South Delhi Municipal Corporation and Sarva Shiksha Abhiyan.

Around, 100 schools were covered reaching out to more than 25000 school children in MCD and Delhi Government Schools.

DETOXIFICATION SERVICE IN GOVERNMENT HOSPITALS

SPYM successfully advocated before the Hon'ble Delhi High Court, for earmarking 5 beds each in five Government hospitals namely Deepchand Bandhu Hospital, Madan Mohan Malviya Hospital, GB Pant Hospital, Deen Dayal Upadhyay Hospital and B.R. Ambedkar Hospital Rohini to be specially designated for children suffering from severe drug abuse and in need of immediate detoxification.

DRUG DE-ADDICTION PROGRAMS FOR DRUG USING CHILDREN

Presently services are available through three Government Hospitals namely, Madan Mohan Malviya Hospital (5 beds), GB Pant Hospital(5 beds) and Deepchand Bandhu Hospital (30 beds) in Delhi.

This has allowed children hitherto denied detoxification services to now have full access to the same. Post detoxification, these children have been further rehabilitated at the SPYM center at Delhi Gate, Pardabagh and Sewa Kutir Complex.**De-addiction-cum-rehabilitation center for children in conflict with law**



The center started in October 2010, formally inaugurated on 20th April, 2011 by the Hon'ble Juvenile Justice Committee, Hon'ble High Court of Delhi. The Centre now has 50+ beds, operates as a 90 day treatment facility and is recognized as a unique facility in India.

The center aims to build the inner merits and resilience of adolescent boys between 7 and 18 years to get past drug dependence and associated criminal behavior. Most of these boys are in conflict with the law and have been assessed to have a history of substance use and current substance dependence, along with other psychological and behavioral issues and are referred through Juvenile Justice Board. In 2018-19, 442 children took admissions in the school.



DE-ADDICTION CENTRE FOR DRUG DEPENDENT CHILDREN IN NEED OF CARE & PROTECTION



Since 2014 SPYM Delhi Gate center caters to drug dependent children (boys) in the 7-18 years age group. The 90-day treatment program employs multi-disciplinary approach. The services are rendered and overseen by trained staff in a residential setting.

Children are referred through the Child Welfare Committees (CWC) from various districts of Delhi. Those referred by other sources like Police, families and shelter homes are produced before the CWC as well.

All children undergo clinical assessment (i.e. history taking and examination) by trained and competent staff, based on which a treatment/ intervention plan is formulated. Adequate infrastructure ensures comfort and privacy for the children.



Children at the center take part in recreational activities, literacy and life skills sessions, group activities, music, dance and sports for development sessions. Books and recreational facilities, such as indoor games (carom and chess), radio, television and outdoor games are available for 297 children.

CENTER FOR DRUG DEPENDENT ADOLESCENT GIRLS AND YOUNG WOMEN

Set up in 2016, SPYM's center offers an integrated treatment, care and rehabilitation program for adolescent girls and women who struggle with substance abuse, poverty, homelessness, trauma, concurrent mental disorders and various health issues. Using evidence based and gender-responsive curriculum, this holistic program provides an abstinence-based approach to recovery. The duration of the treatment is based on client needs and is overseen by experienced and dedicated female staff. Special care is taken to address the women's individual needs, needs of infants/ babies of some inmates, with particular focus on inter personal communication sessions.

Key Services

- **Drug Detoxification & Rehabilitation**
- **Counseling & Therapy Support**
- **Literacy**
- **Life Skills Education**
- **Occupational Rehabilitation**
- **Art based therapy**
- **Yoga & Meditation**
- **Music, Dance and Sports Therapy**

96 female drug users were mobilized, rescued and motivated to enter drug dependence treatment program.

WORKING WITH CHILDREN IN COMMUNITY

CARE CENTRE FOR CHILD BEGGARS

This facility ensures that children begging on the streets are gradually weaned away from traffic signals and mainstreamed into government schools. The Centre extends shelter, food, clothing, basic health & hygiene, WASH, education (non-formal and formal), life skills, counseling and variety of child friendly services including music, sports, games and dance therapy – all these within easy reach, as these are primarily day care centers. Centre is a stone throw away from their camping site. At the same time, the Centre also gives a new lease of life to families. Parents (majority of whom are daily wage laborers) are given a choice to live at the more secure environs of the center and leave their children in the attentive care of the Centre's staff as they attend to everyday work (without worrying about their safety or fears about their relapse into begging).

During 2018-19 centre at four locations namely, Sant Nagar, Sarai Kale Khan, Bhikaji, Munirka recorded registration of about 238 boys and 256 girls into begging and provided a range of services for their rehabilitation and mainstreaming.



INTERVENTION WITH CHILDREN IN DIFFICULT CIRCUMSTANCES (CIDC)

The Gender Audit Workshop (GAW) was conducted by SPYM in partnership with PLAN India from October 22-24. The workshop was aimed at familiarizing its 27 participants with the conceptual framework required to perform a gender audit of texts. This was an attempt towards understanding the gender discourse in our academic framework and to be aware of the gender bias in the society.

Advocate Anant Asthana developed a booklet titled, ‘Criminal Justice System And Child Rights’ to be distributed by SPYM among the children of Delhi, which aims to work as a lucid guidance source for them whenever they get involved with police or courts as victims, witnesses or even as accused. This booklet is focused on the rights of children involved with the criminal justice system (Police and Courts). This booklet is an effort by Plan-India to empower children particularly female children on laws and procedures of police and courts.

As a part of the program, students were also taken on visits to police departments and juvenile justice boards to acquaint them with the process of police administration.

SHELTER HOMES TRANSFORMED INTO CHILD CARE CENTRES

SPYM transformed a number of children night shelters into child care centers across eight locations namely, Sant Nagar, Sarai Kale Khan, Nizamuddin, Modi Mill, Jama Masjid, Bhikaji, Vasant Vihar, Munirka.

The Aim is to protect these homeless children from hazardous street environment and drug use and to develop their cognition so that they are capable to make better choices for future through education and health.



Key activities:

- Counseling and therapy support.
- Non formal education
- Art, Music and Dance therapy
- Yoga & Meditation.
- Periodic health check-ups.
- Mainstreaming in formal education
- Excursion trips
- Movie screening
- Recreation & Sports

During 2018-19, centre provided development services to about 600 homeless children.

PEER-LED INTERVENTION PROGRAM

In collaboration with the Sonalika Charitable Trust, SPYM spearheaded the Delhi Police Initiative to end the substance abuse among children and adolescents. At a very high risk area of Todapur – Indepuri, we launched the initiative “Child Friendly Mohalla” in 2017. A Child Friendly Mohalla is a safe place where children can feel protected and their rights are not violated, with a primary objective of creating awareness regarding substance abuse, women empowerment, imparting education along with various workshops and campaigns.



SPYM believes that safe spaces for women and children are very important for them to grow holistically. We aimed at education and informing children about drug abuse, we believe introducing a project like “Child Friendly Mohalla” can thus reduce the risk of children getting involved with substance abuse due to the influence of their immediate environment.

Three batches have been conducted in the past one year to achieve the following objectives:

- To assess drug use among adolescents in impoverished & marginalised communities
- Conduct early prevention of substance abuse and address issues of delinquency through awareness Programs
- Identify and train select peer educators in the community
- Implement early prevention education led by trained peer educators
- To provide awareness about referral and linkage to counselling, treatment and rehabilitation services for drug dependent adolescents identified in the community
- Identifying adolescents subjected to substance abuse and facilitating their admission into rehabilitation centers.

To help the children, peer educators from different backgrounds engage with the children on various topics ranging from academics to sports. The peer educators motivate the children to take part in various activities such as role play, street plays, sport sessions, life skills sessions and other vocational activities. We believe these sessions help prepare the children for various stages of life and prevent them from indulging in the harmful behaviour.

After the success of the pilot project at Todapur, we implemented the project in Jai Hind basti in Vasant Kunj and in three other slum clusters in Chandigarh with active support from the local police and administration. The project is still being carried on with 34 peer educators (where one peer educator is teaching 10 children). A total of 102 drug users have been identified of which children are going through the process of counseling, treatment and eventually support recovery. Some of these children who are a part of the Program SPYM facilitated their admissions in the school as well.



The age group selected for intervention is in between 8-14 years. However, a problem like substance abuse requires multi-level intervention approach. Therefore, instead of having a narrow approach, the project aims to deliver and intervene in all sectors.

MENTAL HEALTH UNIT FOR CHILDREN

SPYM runs Mental Health Unit for children at Sanskar Ashram for Boys and Girls, Dilshad Garden, Delhi with the support of Department of Women & Child Development, Govt. of NCT of Delhi. The center caters to the needs of children who are in distress- destitute, neglected abandoned, victims of atrocities, violence, sexual assault, family disputes etc. Their psychological background makes them highly vulnerable to behavioral and psychological disorders. The aim is to ensure the psycho-social rehabilitation of all residents at the center.

Total number of cases screened during the period of 2018-19 were more than 1092.



HALF-WAY HOME

SPYM provides halfway home services for adolescents and youth recovering from substance use. The aim is to ensure that they are able to stay away from drug using peers/situations in recovery without unwanted interference. They are encouraged to leave once they have fully recovered and are supported to take up gainful pursuits that are in tune with their needs, skills and aptitude. These halfway homes provide the inmates with the necessary services required for a smooth transition from drug dependence to leading a healthy productive life. Moreover the aim is also to create an environment in which they begin to feel the need to lead responsible and productive lives.

Half Way Home services were provided to adolescents at Delhi Gate and Kingsway Camp. HWH services provided to over 50 children during 2018-19.

TREATMENT PROGRAM FOR ADULTS

DRUG DE-ADDICTION & REHABILITATION CENTER

Since 1989, SPYM has been providing drug and alcohol treatment services at our Vasant Kunj premises to adult male users under the aegis of the Ministry of Social Justice & Empowerment, Govt. of India. This center provides in house treatment facility for a minimum of 30 days duration. Similar SPYM centers are located in Chandigarh, Jammu& Darjeeling as well.



Centers area aimed at Drug Detoxification and Whole Person Recovery (WPR) applying array of methods through a trained team. Referral services, After-care and Follow-up, Care and support for the co-dependent families are other elements of rehabilitation of the inmates. The addiction centres across four locations helped 782 people.

DE-ADDICTION CUM REHABILITATION CENTRE FOR HOMELESS

Drug Use is rampant among the homeless community. Surveys conducted by SPYM and our extensive experience in working with this vulnerable population have provided us with adequate knowledge and expertise in tackling the issue. In order to reduce vulnerability of homeless community members to drug dependence and crime, we are running Drug De-addiction & Rehabilitation Centers for Homeless Drug Users at Kotla Mubarakpur & Dakshinpuri in Delhi, where there are 171 people at present.

Services that we are providing to homeless at these centers include detoxification, medical facilities; psychological counseling and referral, individual, family and group therapy, home visits



and followup services, vocational training for future career opportunities and recreational facilities for almost 709 inmates during the period.

Key Objectives of the center are as follows:

1. To address immediate physical and psychological areas adversely damaged due to drug use and homelessness of the inmates.
2. To engage with daily issues of survival, protection and growth, thus addressing the immediate causes that may possibly lead to drug use and homelessness.

DRUG DEPENDENCE TREATMENT CLINIC

SPYM is running drug dependence treatment clinic for drug users at Kotla Mubarakpur in partnership with National Drug Dependence Treatment Centre, AIIMS, New Delhi.

Daily services were provided to 110 drug dependent adults at the centre during 2018-19.



OUTREACH AND DROP-IN CENTRE (ODIC)

SPYM understands the importance of a safe, supportive and normalizing environment for individuals labeled as “Drug Users” by the community. It also acknowledges the baggage that the term has on an individual, mentally and physically. So, to provide an atmosphere of acceptance where individuals feel needed and grow in self-worth, dignity and self-respect, we established an Outreach and Drop-In Centre (ODIC). The aim for this facility is to provide a support system for high-risk drug users with organized and informal recreational and social activities where the individuals themselves and the centre staff can assist and help each other in solving daily living problems. With alcoholism on the rise (almost 14.6% of the population uses alcohol amounting to 16 crore people), community intervention was needed. A place like ODIC caters to individuals who indulge in substance use and with the least resources to access.

The main objectives of the Outreach and Drop-In Centre were:

- To reduce drug use in the community.
- To protect and promote human rights of drug using population.
- To ensure that services are accessible and community based to those into drug use.
- To conduct outreach activities among vulnerable young drug users in the community for prevention and referral.
- To provide a safe and secure drop-in space for drug users in the community having the provision of screening, assessment and counseling.
- To provide referral and linkage to treatment, care and rehabilitation services for drug dependents.

With activities like individual, group, family counseling, behavior change communication, vocational trainings and follow ups with the families, the three Outreach and Drop-In Centres in Chandni Chowk, Kotla Mubarakpur and Dakshinpuri observe a daily footfall of about 200 people.

BRIEF INTERVENTION AMONG DRUNKEN DRIVERS

SPYM is working closely with the Delhi Legal Services Authority and District Courts in the national capital to implement a brief intervention and counseling program for those used to drunken driving, or who are found indulging in domestic violence. Almost all of these deal with offences committed by males under the influence of alcohol or drugs or both. Through this, SPYM aims to identify and intervene among those who require support and assistance to prevent developing alcohol dependence. Areas covered under this project include South District, South East District and East District of Delhi. 5811 offenders provided Brief Intervention.

Key objectives:

- I. Identify Risk of Alcohol/Drugs dependence of each participating offender
- II. Each participating offender to receive an individualized screening of their drinking behaviors
- III. Each participating offender counseled on the consequences & harms of Alcohol/Drug Use

- IV. Orient each participating offender on legal, social, occupational and financial repercussions of Alcohol/Drug Use
- V. Making appropriate referrals for treatment and maintain follow up care

During 2018-19, total of 4800 drunken driving offenders were provided counseling services at six locations namely:

- Saket Court
- Patiala House Court
- Karkardooma Court
- Rohini Court
- Tis Hazari Court
- Dwarka Court

PRISON BASED INTERVENTION



A majority of drug users/dependents are known to have served prison sentences, either because of drug possession or drug-related crimes. Even when they manage to come out of jail, many are lured back to drugs and often land up in jail again. At Tihar, SPYM is playing a central role in helping them; especially young offenders, to break out of this vicious

cycle of drugs and crime. For this, we have devised a comprehensive and holistic program that, once the dependence is over, intervention is aimed to support them to enter the social mainstream as productive members of society.

Key Activities at Tihar Jail:

1. Just for Today (JFT) : Group Sharing session
2. One to One Counseling Sessions
3. Sessions on Life Skills Education
4. Half Way Home : Facility
5. Vocational training and Entrepreneurial skill building
6. Linkage with NGOs/Market Associations

The activities undertaken by SPYM at Tihar proved beneficial for the inmates as well as the jail administration. An environment of discussion and discourse was observed at the jail where inmates started sharing their health issues like STDs and skin related problems with the peer educators. Not only that many inmates were keen to be a part of the SPYM Peer Educators' teams .

REGIONAL RESOURCE & TRAINING CENTRE

SPYM has been designated as an RRTC by the Ministry of Social Justice & Empowerment (MSJ&E), Govt. of India since 2000 for NGOs working in the field of substance abuse prevention and counseling, drug de-addition and rehabilitation programming. SPYM provides training, mentoring and technical support to over 100 NGOs located in the northern region of the country, covering Delhi, Haryana, Punjab, Uttar Pradesh and Uttarakhand.

RRTC North is tasked with carrying out need-based training programs for the professional development of service providers, technical backstopping, assisting in program implementation, research and documentation, development of training and IEC materials, networking and advocacy, monitoring of NGOs, monitoring the trends of drug abuse and HIV in the northern region, and mainstreaming of the HIV/AIDS program in the ongoing drug abuse prevention interventions.

A total of 34,503 people participated in different training Programs that included Programs such as skill development for counselors, sensitization Program on law enforcement functionaries, drug abuse prevention etc.

VOCATIONAL SKILL BUILDING

CANTEEN: DEVELOPING ENTREPRENEURS

This project is a skill development program for people in recovery, where hands-on (cooking, communication and entrepreneurial skills including problem solving, planning and marketing) skills are honed with training and practice. With increasing self-reliance, these youth explore the opportunity / possibility of having a stable/sustainable financial income while also feeling meaningfully accepted and included in the society.



MOBILE FOOD CART

To encourage entrepreneurship among former residents, SPYM had been making efforts for the expansion of food services for the general public. Each mobile food trolley has the capacity to store a range of pre-cooked meals as well as some food items and beverages that can be cooked or prepared at site while based in the local community. As of March 2019, three food carts are operational across different locations.



CATERING SERVICES

Juveniles in recovery leading the Canteen Services also provide catering during parties and social functions.

CAFETARIA

Canteen hours of operation are from 9: AM until 4:30 PM, six days, every week. The canteen, located in Sewa Kutir complex, serves people from a range of agencies including Juvenile Justice Board, Children's Court I and III, Observation Home for Boys, Poor House Court (Beggars), Blind School and District Child Protection Office.

The canteen is operated by Juveniles in recovery. On an average 25-30 people directly access the canteen each day for food. The number of those ordering the food outside of the Canteen premises is an additional 25-30 people.

SHORT TERM COURSES BASED ON MODULAR EMPLOYABLE SKILLS IN INFORMATION TECHNOLOGY

At Vasant Kunj Centre of SPYM, a year long Program of teaching is conducted based on Modular Employable Skills in Information Technology. This three month short term course has catered to 110 students in two batches. The classroom sessions are two hour long from Monday to Friday where students are given hands on practical experience of basic computer skills like MS Office, and Internet.

SPOKEN ENGLISH PROGRAM WITH TEACH INDIA

In association with Teach India, SPYM had basic English classes for children. A total of 20 students were benefitted from these classes which were conducted for two hours daily from Monday to Saturday over the course of three months.



HIV/AIDS PREVENTION

TECHNICAL SUPPORT UNIT

SPYM functions as the Technical Support Unit (TSU) of the National AIDS Control organization (NACO), Government of India.

The objective is to extend technical assistance in specified areas to the State AIDS Control Societies of Punjab, Chandigarh, Haryana, Kerala and West Bengal. The overall aim is to ensure achievement of National AIDS Control Program (NACP) goals and objectives.

LINK WORKER SCHEME

The Link Worker Scheme proposed under the National AIDS Control Program (NACP), Phase-IV, focuses on populations with high-risk behaviors (including High Risk Groups and Bridge Population). The Scheme underlines the need to reach out to a growing vulnerable population in the



rural areas who remain unreached. SPYM has been leading the implementation of the Link Worker Scheme in the state of Tripura and Manipur since 2009. The Scheme gets help from 2000 volunteers in the West and North Tripura under the intervention.

TARGETED INTERVENTION

SPYM, with the support of the Delhi State AIDS Control Society (DSACS), runs Targeted Intervention (TI) projects for Injecting Drug Users (IDUs) and Long-Distance Truck Drivers.

The objectives are:

- I. Preventing the spread of HIV by slowing down the spread of STIs among the vulnerable key populations
- II. Providing care and support to the infected and affected population, thereby reducing the impact of HIV and AIDS both socially and economically.

800 IDUs are reached out at Kotla Mubarakpur, 800 more IDUs are reach out at Dakshinpuri and 5000 truckers are covered at Lal Kuan, In Land Container Depot.

HOMELESS COMMUNITY EMPOWERMENT

SPYM is the largest shelter provider in the NCT of Delhi. With over 30 years of experience in working with homeless and marginalized community in Delhi, SPYM has been entrusted to manage over 60-night shelters for homeless by Delhi Urban Shelter Improvement Board, Govt. of NCT of Delhi.

Shelter for homeless in Central, South and South West Districts of Delhi provide services to meet everyday needs of homeless children, women, adults and senior citizens on a daily basis. Shelter users are provided minimum basic facility required by any human being that includes nutrition, shelter, protection, medical care as well as linkage with government schemes of social inclusion (Voter ID, UID AADHAR, bank account opening). SPYM also provides opportunity for livelihood promotion through building employability skills. 112769 homeless lives have been assisted through rescue service, and of those rescued, about 3980 have been shifted to shelter homes, old age homes, recovery shelters, drug treatment centers, hospitals and children homes

Other activities involve non formal literacy, linkage with government schools, and treatment for Substance Use Disorder (SUD), Health checkup, and linkage for HIV testing and DOTS treatment.



DAILY RESCUE DRIVE

Extreme weather during winters and summers further adds to the vulnerabilities & trauma for those spending nights on the streets without shelter, care and protection. Homeless may often be seen sleeping on pavements, bus stops, under flyovers and parks. In absence of aid, they often shiver to death.



SPYM conducts rescue operations throughout the year, intensifying operations during the winter season to ensure that none of the urban homeless dies struggling with cold weather.

As part of rescue drive, SPYM has deputed three rescue vehicles per district to attend to SOS calls and assist in rescue process.

Key activities:

- i. Motivating and shifting homeless from streets/pavements to the nearest night shelter.
- ii. Providing first aid and other need based medical intervention (hospital admissions, Drug treatment)
- iii. Ensuring provision of adequate clean blankets, durries and jute mattresses for all night shelter dwellers and providing immediate relief to homeless spending night on streets.
- iv. Coordinating rescue service in coordination with the related help lines of the city such as police Control Room, Child Help Line etc.



RECOVERY SHELTER FOR HOMELESS

A large number of people on the streets are never able to access health care in hospitals.



Moreover, even those who are able to access care and admission, are soon discharged from hospitals given the inability of public hospitals to cope with the increasing load of patients, only for these homeless residents to return to the streets. Here, exposed and unsheltered they relapse; because they are unable to continue treatment. In order to ensure that such conditions do not arise, SPYM has set up recovery shelter for homeless in recuperation stage, so that the

homeless people who go back to the streets from hospitals have a place to rest till they complete treatment.

Centre is 45 bedded facility exclusively for homeless in recuperation stage at Sarai Kale Khan. Most patients being in their convalescent phase need a clean, caring and supportive environment for proper recovery. The recovery shelter provides all the necessary support and care to its

patients with basic set up and equipments to give a conducive and hygienic environment apart from the health personnel (trained ANM and health care attendant) for them to recover effectively. In addition to hospital beds, the recovery shelter also consists of other infrastructure such as wheelchairs, crutches, walkers etc.

HOMELESS WOMEN COLLECTIVE

Women constitute one of the groups worst affected by homelessness. While the phenomenon of homelessness violates the most basic of human rights for all populations, women without housing and living on the streets suffer the most severe kinds of abuse and violence. State response to the needs of homeless women is grossly inadequate and the majority of homeless women are left to fend for themselves. Various estimates range from 5,000 to 10,000 women living on the street in NCT of Delhi.

Due to SPYM's efforts in mobilizing the women in the community, street based women have gained access to government entitlements like Voter ID, Aadhar Card, Ration Card etc. which were previously inaccessible to them. So far 3460 women have been mobilized. The group of Collective of Homeless Women conducted several rallies to address the issue of homelessness and create awareness regarding the situation.

COMMUNITY DEVELOPMENT IN MEWAT

SPYM has been engaged in Community Development at Mewat, Haryana since 1995, including Block Hathin, District Palwal supporting actively and nurturing women's Self Help Groups in the region. Partnered with NABARD, SPYM has successfully trained over 2200 women belonging to 200 SHGs in NRLM's 'Panchasutra' system of SHG management. The Program benefits 1200 women, out of whom 500 of them have availed credit facilities.



RESEARCH & SURVEY

Research remains central to all SPYM activities. It has partnered research projects with the Ministry of Social Justice & Empowerment, Government of India, Ministry of Health & Family Welfare, Government of India, United Nations Office on Drugs and Crime, Regional Office for South Asia, UNAIDS and National Drug Dependence Treatment Centre and All India Institute of Medical Science (AIIMS) among others during the past.

NATIONAL DRUG USE SURVEY

SPYM conducted National Survey on 'Extent & Pattern of Substance Use in India' in the states of Punjab, Delhi, Haryana, Uttarakhand, Uttar Pradesh, Madhya Pradesh, Goa and Tripura. The survey was supported by the Ministry of Social Justice & Empowerment, Government of India. More than one lakh respondents were interviewed under the survey. SPYM has been designated as National Operational Resource Unit (NORU) extending technical support to all the states at the national level under National Drug Use Survey. Ministry of Social Justice and Empowerment, Government of India, designated SPYM as NORU given its past experience and SPYM was also technically supported by AIIMS in extending said support to the states under National Drug Use Survey.

Focused thematic studies among homeless community members, transgenders and Female Sex Workers (FSW) is underway in the states of Delhi, Uttar Pradesh, Madhya Pradesh and Bihar. More than 3000 respondents were interviewed under the ongoing survey.

DEMANDSURVEY & MIS ENTRY OF HOUSEHOLD IN JHUGGI JHOPDI BASTIS IN DELHI

SPYM is conducting house to house basis survey to collect data from JJ bastis in Delhi. The project is supported by Delhi Urban Shelter Improvement Board (DUSIB), Govt. of NCT Delhi. The survey is aimed to collect household data with documents on their status and eligibility for rersettlemet /in-situ development Program.

EVENTS & CONFERENCES

7th NATIONAL FINGODAP CONFERENCE HOSTED BY SPYM

The 7th National Conference of the Federation of Indian NGOs for Drug Abuse Prevention (FINGODAP), supported by the Ministry of Social Justice and Empowerment (MSJE), Government of India was held from March 29-31, 2019. The Conference registered 565 (+) participants from 25 States, representing NGOs, State Governments, Government of India supported IRCA (center), UNODC, medical, research and judicial agencies, as well as international agencies. The event provided an interactive platform for various government departments, NGOs and concerned experts to share views and exchange valuable information related to substance use and examine the various responses.



The Chief Guest during the Inaugural Session of the conference was the Secretary, Ministry of Social Justice & Empowerment, Government of India. The inauguration of the conference was witnessed by senior representative speakers of Ministry of Social Justice and Empowerment

(MSJE), Government of India, Narcotics Control Bureau (NCB) and UNODC. FINGODAP used the opportunity to seek support from MSJE towards NGOs in their contributions towards drug demand reduction efforts. MSJE welcomed the forum providing a platform for an overview of care, treatment and rehabilitation for those with substance use



disorder. Emphasis was given towards the need for ongoing prevention approaches, building capacity of human resources at various levels, focused interventions in vulnerable areas using a range of models for greater impact under the National Action Plan for Drug Demand Reduction, and for greater engagement of State Governments. NCB highlighted the need to distinguish between drug traffickers and those dependent on drugs that require a health care response, rather than criminalization of their behavior.

NATIONAL YOUTH FORUMS

Every year SPYM invites select youth from different colleges, universities, institutes and youth groups to devise strategies to address the issue of substance abuse among young people at the national level. This National Youth Forum, launched in 2015, is held annually.



Society for Promotion of youth & Masses (SPYM) in partnership with Vishwa Yuvak Kendra organized a second National Youth Forum on Drug Use Prevention on March 23, 2019 in the auditorium of Vishwa Yuval Kendra, Chanakyapuri, New Delhi. Around 300 young individuals aged between 18 and 25 years came together to commit to being agents of change in the society. This youth forum had teamwork as



the heart of the program. The participants were called upon to draw from and share their experiences and perspective with others. This workshop intended to provide youth with an opportunity to gain insights on the concepts related to drug use, share ideas and program interventions among youth and support development and implementation of drug use and dependence prevention programs in their respective areas of operation.

Many interactive sessions were held where several dignitaries from the fraternities across legal, social and medical sectors were invited to share their valuable insights. Some of the sessions were:

- Overview of Drugs and its Consequences
- Rights of Children in Criminal Justice System: A Dialogue with Children

Events like these help SPYM to interact with stakeholders in the community and help reaching out to more people.

INTERNATIONAL DAY AGAINST DRUG USE AND ILLICIT TRAFFICKING, JUNE 26th

Society for Promotion of Youth and Masses (SPYM) in partnership with the Ministry of Social Justice & Empowerment, Govt. of India organised programs in Chandigarh UT to observe International day against drug abuse & illicit trafficking. The day was observed as an expression of its determination to strengthen action and cooperation to achieve the goal of drug free society.



On June 25, three rallies were organised in three vulnerable pockets of Chandigarh i.e. Bapudham, Ramdarbar and Dhanasto create awareness among the general community about ill effects of substance use and treatment services available.

On June 26, a function was organized at Sukhna Lake, Chandigarh. Shri Sanjak Kumar Jha, DIG, Narcotics Control Bureau, Govt. of India was the chief guest of the function. A brief overview of magnitude of drug problem in the state of Punjab including Chandigarh UT was given. A skit on substance use prevention was presented by Children of Urja project,

a Peer Led Intervention project implemented by SPYM among children vulnerable to substance use in selected pockets of Chandigarh in partnership with Chandigarh Police

At the end of the function, a rally comprising of representatives of ITBP, Chandigarh Police, students from schools and colleges of Chandigarh, NGOs working on substance use was flagged off

to spread awareness among general population on prevention of substance use.



RECOGNITION & AWARDS



2016 **National Award for child welfare 2015 from honorable president of India shri Pranab Mukherjee**

2014 **National Award** for best innovative services in the field of Drug abuse Prevention & treatment by **Sh. Pranab Mukherjee, Hon'ble President of India**

2009-10 Best NGO Award by Delhi State AIDS Control Society (DSACS), Government of NCT of Delhi for outstanding performance in the area of HIV/AIDS prevention among Female Sex Workers(FSWs), Men having Sex with Men (MSMs), Transgender and Intravenous Drug Users (IDUs)

- 2006 National Leadership Award in recognition of outstanding Achievements, commitments and vision as a young leader in the field of community services by Hon'ble Finance Minister of India.
- 2001 National Youth Award awarded by the Ministry of Youth Affairs and Sports, Government of India by Hon'ble Prime Minister of India.
- Commonwealth Youth Award by Secretary General, Commonwealth, London.
- 1999 Delhi Gaurav Award by Sh. Sahab Singh Verma, Hon'ble Chief Minister of Delhi.
- 1989 National Youth Award awarded by the Hon'ble Prime Minister of India.

MEMBERSHIPS & AFFILIATIONS

- Member, **Juvenile Justice Committee, Hon'ble High Court of Delhi.**
- Member, steering committee, **Delhi State Legal Services Authority**
- Member, Central Advisory Board, **Ministry of Women and Child Development, Government of India**
- Associate Member, Dianova Network
- Steering Group of **International Drug Policy Consortium (IDPC)**
- Host National Chapter - India, **International Society of Substance Use Prevention & Treatment Professionals (ISSUP)**

- Technical Resource Groups (TRGs), **National AIDS Control Organization (NACO), Ministry of Health & Family Welfare, Govt. of India**

31

- Member, Grant Approval Committee, **Ministry of Social Justice & Empowerment, Govt. of India.**
- Member, National Consultative Committee on De-addiction and Rehabilitation (NCCDR), GOI
- Steering committee Project H-13, UNODC for the SAARC countries
- Chair, **Common Wealth Countries Youth Division representation in the main management committee of Commonwealth Secretariat, London** in 1993.
- **First Asian representative to the Commonwealth Youth Caucus, London** in 1991.

SPYM has been elected as the National Secretary for three National Networks and one regional Network:

- *Federation of Indian NGOs for Drugs and AIDS Prevention (FINGODAP)*
- *Indian Harm Reduction Network (IHRN)*
- *SAARC Forum for Civil Society Organisations*
- *Association of Resource Managers against Alcohol & Drug Abuse (ARMADA), ILO*

SPYM holds a special consultative status with the Economic and Social Council (ECOSOC) of the United Nation.