



# 2019-20

# Annual Report



**SPYM** India  
COVID Response



© 2020-21  
SPYM India All Rights Reserved

---





## **SPYM's work with Children in Difficult Circumstances**

SPYM reaches out to the children, who are often vulnerable to substance use, impoverish and in need of care and protection staying at railway stations and bus stands and encourage them to take series of sessions including art and craft session giving a leeway for a longer sustained recovery.

# CONTENTS



**Our Vision & Mission**  
**Geographical Area Covered**  
**Country Strategy Plan**  
**SPYM's Initiatives During COVID - 19**  
**Children In Difficult Circumstances**  
**Drug Awareness and Prevention Programmes**  
**Peer Led Interventions**  
**Adult Population Vulnerable and Dependent on Substance Use**  
**Skill Development of Adolescents**  
**Homeless Intervention Programme**  
**Targeted Interventions**  
**Technical Support Unit**  
**Events**  
**Training, Research and Survey**  
**Recognition and Awards**  
**Memberships and Affiliations**

## OUR VISION

SPYM endeavours to empower the vulnerable and the marginalized population by facilitating the access to services in order to improve their physical, mental, social well-being and holistic development.

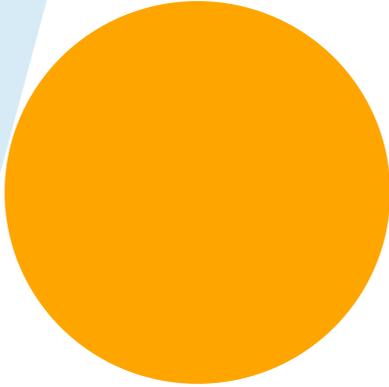
## OUR INTENT

SPYM will learn from children, adapting our approaches and priorities accordingly, to support sustainable, focused and rights based programmes for the most vulnerable and marginalised children. We will add value to initiatives taken in the best interest of the child through partnerships and collaboration with different actors in the development arena including the state, civil society, children and the community.

## GEOGRAPHICAL AREA COVERED

Delhi  
Punjab  
Haryana  
Chandigarh  
Jammu  
Kerala  
Tripura  
Manipur  
West Bengal

# COUNTRY STRATEGY PLAN 2019-2023

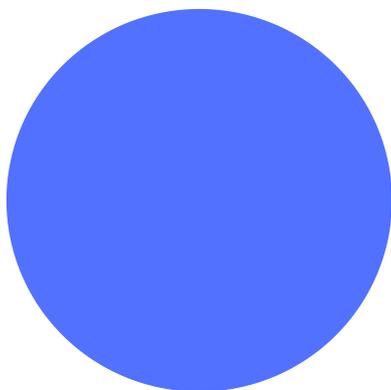
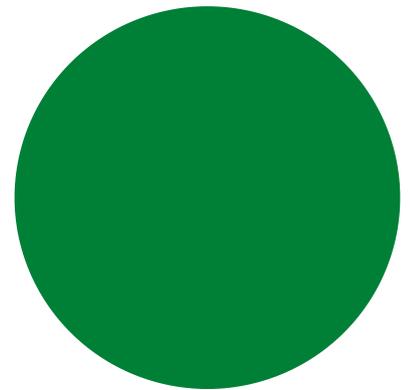


## Children in Difficult Circumstances

- To mobilise Children in Difficult Circumstances and linking them to the existing Govt. schemes and entitlements, need-based health, education services and sensitizing key govt. functionaries on the issues faced by CIDCs.
- To facilitate CIDC's reintegration with the families, schools and communities and empower them to share their concerns on relevant platforms.
- To provide substance use prevention services for CIDC.

## Population Vulnerable to Drug Use

- To help vulnerable population particularly children and youth to avoid or delay the initiation of substance use or to avoid substance use dependence
- To provide evidence based comprehensive treatment and rehabilitation or facilitate linkages with available treatment & rehabilitation services to the identified substance using population.
- To facilitate social and economic reintegration with the families & communities by leveraging the existing schemes of State/Central Govt.



## Homeless Population

- To Provide shelter, food and health services to the homeless in order to enhance the quality of their life and dignity.
- Empowering the homeless community to articulate concerns about their Rights and advocate for the same by facilitating linkages with the existing govt. schemes and entitlements.
- Mobilisation of the resources (for basic amenities including beds, food, clothing etc.) from potential donors in order to improve the living condition of the homeless at shelters to maintain their dignity.

## SPYM's Initiatives During Covid-19

---

The Coronavirus pandemic has brought the whole world under quarantine and forced country-wide lockdowns across the world. While the strict imposition of the lockdown in India was a necessary measure to contain the spread, it also caused a life-threatening crisis for India's most vulnerable including homeless.

Millions of daily wage and migrant labourers have lost their livelihoods, resulting in severe financial and social stress for them. In construction work, transport services and waste-picking in urban India, whereas in rural areas, they are engaged as small farmers and farm labourers.

As the nation came together to tackle the health crisis, SPYM Delhi worked to provide emergency response through distribution of food, food packets, arrangement of necessary supplies, training to build unique COVID -19 response teams and sensitization of community on social distancing, proper sanitation and hygiene practices, usage of masks, cough etiquettes etc.

---

In the wake of Covid-19 global pandemic, SPYM's strategy was focussed on taking care of the homeless, beggars and street based drug users (including women and children), during and post lockdown. The following initiatives were taken by SPYM:

---

## PROVISION OF FOOD

Pre-empting the lockdown initiative of the Government, SPYM was one of the first responding organisations to look after the most marginalised and vulnerable populations. Because of the lockdown, the industries were closed along with the transportation systems leaving the labourers, homeless and daily wage workers were stranded. This section of the society is as vulnerable to hunger as to the deadly CoVID-19. With nowhere to go and zero means to earn two squares of meals a day, this population was welcomed in the Night Shelters.

Having worked with the most marginalized and vulnerable population, typically of urban homeless populations SPYM contributed substantially to the efforts to provide relief to people who are stranded. In numbers alone, 10,000+ people clocked in to SPYM shelters for meals every day. With the help of around a hundred staff members risking their lives to work day in and day out, 10 operational makeshift kitchens and 15 vehicles to transport tonnes of food to 85 locations across Delhi, SPYM provided 10,20,000 meals till 30th June.

**10,20,000**

Meals fed as on  
30th June

**6500+**

People Clocking in  
Everyday

**100**

Staff Members

**85**

Locations in  
Delhi

**10**

Operational  
Makeshift  
Kitchens



## ARRANGEMENT AND DISTRIBUTION OF NECESSARY SUPPLIES

SPYM provided the necessary supplies for taking preventive care during the lockdown. A total of 1,25,000 masks were distributed, 300 Personal Protective Equipments (PPEs) to the staff, Sodium Hypochlorite solution for sanitation and disinfection for critical cases and mist spraying bottles were given to the SPYM staff working on ground and every single residents were made to follow the proper sanitation and hygiene regimes across the 72 night shelters



**1,25,000**

**Masks  
Distributed**

**300**

**Personal Protective  
Equipments**

**72**

**Night Shelters**

## COMMUNITY SENSITIZATION ON SOCIAL DISTANCING, PROPER SANITATION AND HYGIENE PRACTICES, USAGE OF MASKS, COUGH ETIQUETTES ETC

---

Along with the provision of sanitation and hygiene supplies, lot of efforts were made to aware the community about social distancing, usage of masks and cough etiquettes. A total of 2160 sessions of one hour each were taken by the already trained staff to sensitize and aware the people.



## BUILDING COMMUNITY RESILIENCE THROUGH SPYM'S 4C MODEL

---



With an aim to build the community resilience among the most vulnerable, SPYM saw the lockdown as an opportunity to train a large number of community volunteers to face this pandemic in a more systematic and effective manner. Realising the huge gap between the preparedness to handle actual cases if the epidemic crosses its limits to overwhelm the capacity of health systems, SPYM developed a campaign to prepare Community Volunteers for Critical Care.

SPYM prepared 1,457 Critical Care Volunteers who could become the frontline warriors to face the impending crisis at community level before the arrival of professional health professionals. SPYM conducted 2 hour sessions in all the 72 shelters. Dr. Rajesh and Co-facilitated. Dr Amod Kumar, MD led the sessions

Training of these Disease Warriors or Critical Care Volunteers would help in:

- Myth busting, motivation, early identification of mental health/social health crisis and prevention and management\* before the professional help arrives by addressing the trauma and other stress inducing factors through counselling.
- Sanitation and sterilisation at community level.
- Pre-hospital/Pre-Ambulance Care of critical cases\* of COVID-19 or other life-threatening emergencies.



## Children in Difficult Circumstances

---

There cannot be any denial to the universal fact that early years constitute the most crucial period in the life of a child because at this time foundations are laid for motor, sensory, cognitive, language, social and personality development. At this crucial stage, all opportunities should be provided for proper growth and development of every child.

Having realize the potential of children as nation's future human resource, it is the responsibility of the state, family, community institutions such as SPYM and to provide such atmosphere, which is conducive for the growth and development of a child. SPYM will learn from children, adapting our approaches and priorities accordingly, to support sustainable, focused and rights based programmes for the most vulnerable and marginalised children. We will add value to initiatives taken in the best interest of the child through partnerships and collaboration with different actors in the development arena including the state, civil society, children and the community.

---

# JDRC, KINGSWAY CAMP

## DE-ADDICTION-CUM REHABILITATION CENTER FOR CHILDREN IN CONFLICTS WITH LAW

---

SPYM runs a programme to reform and rehabilitate juveniles in conflict with law and with a dependency on narcotics, in partnership with the Department of Women & Child Development, Govt. of NCT of Delhi. The Centre is called the De-addiction cum Rehabilitation Centre for Juveniles in Conflict with Law. The Juvenile Centre is the first initiative in India working with this specific target group.

The Centre was started in October 2010 and was formally inaugurated on 20th April, 2011 by the Hon'ble Juvenile Justice Committee, Hon'ble High Court of Delhi. The Centre now has 50+ beds and has a 90 day treatment facility. It is one of a kind facility in India.

The Centre aims to build the inner merits and resilience of adolescent boys between 7-18 years to get past drug dependence and associated delinquent behaviour. Most of these boys are in conflict with the law and have been assessed to have a history of substance use and substance dependence, along with other psychological and behavioral issues. They are referred through the Juvenile Justice Board.

# 477

Children Treated and Rehabilitated at Kingsway Camp Centre. The children were taken through sessions in counselling, literacy and numeracy, life skills etc



### CENTER FOR DRUG DEPENDENT ADOLESCENT GIRLS AND YOUNG WOMEN

---

# 48

Females Treated and Rehabilitated at Pardabagh Centre. The females were taken through sessions in counselling, literacy and numeracy, life skills etc

Keeping the problems faced by adolescent girls and young women in substance use in mind, SPYM established the Female Deaddiction Centre in 2016 at Pardabagh . It is led and handled by female staff. The said centre offers an integrated treatment, care and rehabilitation program for mobilising, rescuing and motivating adolescent girls and women who struggle with substance use, poverty, homelessness, trauma, concurrent mental disorders and various health issues.

The program is a very comprehensive treatment system which is based on a gender-responsive curriculum and is evidence-based. The program also provides integrated pharmacological and psychosocial interventions. Special care is taken to address the women's individual needs, needs of infants/babies of some inmates, with particular focus on interpersonal communication sessions.

Key services at the centre include drug detoxification & rehabilitation, counselling & therapy support, literacy classes, life skills education, occupational rehabilitation, art-based therapy, yoga & meditation and music, dance and sports therapy.



## CDC, KINGSWAY CAMP

### DE-ADDICTION CENTRE FOR DRUG DEPENDENT CHILDREN IN NEED OF CARE & PROTECTION

---

Established in 2014, SPYM Delhi Gate Centre caters to drug dependent children (boys) in the 7-18 years age group. These are the children who are in need of care & protection. The 90-day treatment program employs a multi-disciplinary approach. The services are rendered and overseen by trained staff in a residential setting.

Children are referred through the Child Welfare Committees (CWC) from various districts of Delhi. Those referred by other sources like Police, families and shelter homes are produced before the CWC as well. All children undergo clinical assessment (i.e. history taking and examination) by trained and competent staff, based on which a treatment/intervention plan is formulated. Adequate infrastructure ensures comfort and privacy for the children.

Children at the center take part in recreational activities, literacy and life skills sessions, group activities, music, dance and sports for development sessions. Books and recreational facilities, such as indoor games (carom and chess), radio, television and outdoor games are available for the children.

# 216

Children Treated and Rehabilitated at Delhi Gate Centre. The children were taken through sessions in counselling, literacy and numeracy, life skills etc



# HALFWAY HOMES

## CHILDREN AND YOUTH RECOVERING FROM SUBSTANCE USE AFTER UNDERGOING THEIR TREATMENT

---



At Sarai Kale Khan, SPYM provides halfway home services for children and youth recovering from substance use after undergoing their treatment for the same at Delhi Gate and Kingsway Camp. The aim is to ensure that they are able to stay away from drug using peers/situations in recovery without unwanted interference and to create an environment in which they begin to feel the need to lead responsible and productive lives.

They are encouraged to leave once they have fully recovered and are supported to take up gainful pursuits that are in tune with their needs, skills and aptitude. These halfway homes provide the inmates with the necessary services required for a smooth transition from drug dependence to leading a healthy and productive life.



# HALFWAY HOMES

## ACTIVITIES AT HALFWAY HOMES

---

- Initial survey of the area is conducted to identify children and communities to target for the programme.
- Weekly sessions are conducted on site to engage with children and their families. Also, parents are encouraged to send their children to the half-way home.
- Provision of breakfast, lunch and snacks in the evening to the children and clothes as well is assured.
- Sessions on Non-Formal Education are conducted.
- Activities based sessions like dance, music, theatre and art & craft are organised to engage children.
- Storytelling and listening sessions are conducted.g. Sessions on Sports for Development are organised to aim at the physical development of children as well.
- Getting children admitted to MCD schools

## OUTREACH AND DROP-IN CENTRE

SPYM has established Outreach and Drop-In Centres (ODIC) and runs a need-based programme at Munirka, Bikhaji Cama, Modi Mill, Coolie Camp at Vasant Vihar, Sant Nagar, Nehru Place, Sarai Kale Khan, Nizamuddin, Urdu Park and Jama Masjid

The AIM for this facility is to provide a support system for children using substances or vulnerable to substance use and

an atmosphere of acceptance where the children feel needed and grow in self-worth, dignity and self-respect with the help of organized and informal recreational and social activities like individual, group, family counselling, behaviour change communication, vocational trainings, follow ups with the families, art therapy, sports for development etc.



SPYM conduct outreach activities among vulnerable young drug users in the community (like children in begging, street-connected children living at traffic signals and under flyovers) for prevention and referral as well as to provide a safe and secure drop-in space for substance using children in the community with the provision of services for their screening, assessment, counselling, referral and linkages to treatment, care and rehabilitation services for drug dependents.

SPYM aim to eventually mainstream them by facilitating their admission into the formal education system. Non- formal education along with lessons in life skills through fun activities and games is also provided from 10 AM to 5 PM by SPYM to the children.

**SPYM has set up similar ODIC projects in Chandigarh and Tripura in collaboration with Ministry of Social Justice & Empowerment, Govt. of India for children vulnerable to substance use.**



# DRUG AWARENESS AND PREVENTION PROGRAMS

SPYM reaches out to 25000+ students in Delhi Government and Municipal Schools across Delhi NCR in partnership with National Institute of Social Defense, Govt. of India to create awareness on prevention and early identification of children vulnerable to substance use.

As part of these interactive sessions, slogan, poster making and quiz competitions are organized among the school children based on what they have learnt to gauge their understanding and help spread awareness. Other collaborators over the years have been the Special Unit for Women and Children, Delhi Police, South Delhi Municipal Corporation and Sarva Shiksha Abhiyan.



These school programmes aim at promoting good health practices among children including keeping away from substance use, making them aware of harmful effects and impact of substance use, inculcating refusal skills (saying NO to drugs) in children and identifying children using drugs for referral and counselling.



# DRUG AWARENESS AND PREVENTION PROGRAMS

School workshops include rapport building and awareness building through a variety of games that incorporate sessions and discussion on healthy practices, peer pressure 'saying no' techniques etc., encouraging creative expression ( slogan, poster making, quiz, extempore, speech or writing short essays) on the topic of substance abuse and appreciating and felicitating the winners.

The Programme for Students in the Middle and Secondary Grades also includes the following:

- Knowledge test (Questionnaire on Drugs)
- PPT presentation on types of drugs, stages of drug addiction, their effect on brain and the body parts affected, possibility of treatment, risks associated with HIV/AIDS etc.



# Peer Led Interventions

## CHILD FRIENDLY MOHALLA

SPYM spearheaded the “Child Friendly Mohalla” initiative to end the substance abuse among children and adolescents at very high-risk areas of Todapur – Indepuri, Jai Hind Basti and in three other slum clusters in Chandigarh with active support from the local police and administration. Reached out to about 650 children in a year through 40 active peer educators.

The initiative entails the identification and training of select peer educators in the community and implementing early prevention education led by trained peer educators. These peer educators provide awareness about referral and linkage to counselling, treatment and rehabilitation services for drug dependent adolescents identified in the community.

**SPYM has set up a similar CPLI project in Chandigarh and Tripura, in collaboration with MSJE**

**A** Child Friendly Mohalla is a safe place where children can feel protected and their rights are not violated, with a primary objective of creating awareness regarding substance abuse, women empowerment, imparting education along with various workshops and campaigns and thus reduces the risk of children getting involved with substance abuse due to the influence of their immediate environment"

**550**

A total number of children were reached out with the program.



## Interventions For Children at Railway Stations

SPYM in association with DLSA has set up legal aid unit in July 2019. The unit staff aims to help the children living on railway station (railway linked children and runaway children) to stay away from drugs and other substances. The programme is designed to keep the children busy for a major part of their days so that they don't have time to get back to drugs.

### Some activities conducted by SPYM under the project:

- Initial survey of the station and around it to scope out sites and places to intervene at nearby places was conducted.
- Identification of children in railway stations and nearby places for children in need of care and protection is an ongoing activity.
- Motivating the child for rescue is pursued, depending on the child needs. Due process is followed through Police and CWC and referrals to Delhi Gate (for Boys) and Pardabagh (for girls) centres as the case may be.
- Liasoning and relationship building with all the stakeholders - Police, Child Helpline, CWC, residents nearby is being done through meetings and discussions on the issue.
- Non-Formal Education is imparted to the children in an effort to eventually mainstream them into formal education.
- Basic healthcare, immunization, sensitization about personal hygiene is assured
- Enrolment in Personal Identification services (Aadhar) is being done.
- Staff continuously follows up with CWC for proper rehabilitation of children.
- Children are given proper counselling and therapeutic support depending on their needs.



## Interventions For Children at Railway Stations

- Sports for Development (S4D) programme is conducted at the platform regularly
- Treatment of chronic diseases is assured through referral
- Legal Assistance for women and children is extended through DLSA
- Prevention of Trafficking of Children, especially of girls in coordination with our partner, Salam Baalak Trust.



## Adult Population Vulnerable & Dependent on Drug Use

---

Alcohol, Marijuana, Heroin, Cocaine or many other drugs have the most profound impact on people who are the most marginalised and impoverished. People on street, homeless, daily wage workers are the most affected ones who have to see the worst of life.

SPYM with the help of Ministry of Social Justice & Empowerment runs Deaddiction Centres across India where treatments are provided for free. These centres not only provide detoxification but also runs effective evidence based programs based on the concepts of Therapeutic Communities. In the centres, psychological support, social support are provided to the client for asustained recovery.

---

# DRUG DE-ADDICTION CENTRE FOR ADULTS

## DRUG DE-ADDICTION & REHABILITATION CENTER FOR ADULT MALES- VASANT KUNJ, NEW DELHI

---

Since 1989, SPYM has been providing drug and alcohol treatment services at our Vasant Kunj premises to adult male users under the aegis of the Ministry of Social Justice & Empowerment, Govt. of India. This center provides in house treatment facility for a minimum of 30 days duration.

Centers are aimed at Drug Detoxification and Whole Person Recovery (WPR) applying array of methods through a trained team. Referral services, After-care and Follow-up, Care and support for the co-dependent families are other elements of rehabilitation of the inmates.

Similar SPYM centers are located in Chandigarh, Jammu & Darjeeling as well.

Other facilities include recreational therapy, Narcotics Anonymous meetings (three times in a week), counselling and de-addiction camps, anti-drug film shows. Most of the beneficiaries are from low socio economic strata. 45 % of them are from Schedule Tribes and Schedule Castes.

# 528

A total number of 528 people were treated across all the shelters of the program

# DRUG DE-ADDICTION CENTRE FOR ADULTS

## DRUG DE-ADDICTION & REHABILITATION CENTER FOR ADULT MALES- DAKSHINPURI, NEW DELHI

---

Drug Use is rampant among the homeless community. Surveys conducted by SPYM and our extensive experience in working with this vulnerable population have provided us with adequate knowledge and expertise in tackling the issue. In order to reduce vulnerability of homeless community members to drug dependence and crime, we are running Drug De-addiction & Rehabilitation Centers for Homeless Drug Users at Kotla Mubarakpur & Dakshinpuri in Delhi, where there are 292 people at present. Services that we are providing to homeless at these centers include detoxification, medical facilities; psychological counseling and referral, individual, family and group therapy, home visits and followup services, vocational training for future career opportunities and recreational facilities for almost 709 inmates during the period.

# 292

**A total number of 292 people were treated across both the shelters of the program**

The other facility is at Kotla Mubarakpur

### **Key Objectives of the center are as follows:**

- 1.To address immediate physical and psychological areas adversely damaged due to drug use and homelessness of the inmates.
- 2.To engage with daily issues of survival, protection and growth, thus addressing the immediate causes that may possibly lead to drug use and homelessness.

# PRISON BASED INTERVENTIONS

## SPYM'S WORK IN TIHAR

---

### Key Activities at Tihar Jail:

- Just for Today (JFT) : Group Sharing session
- One to One Counseling Sessions
- Sessions on Life Skills
- Education
- Half Way Home Facility
- Vocational training and Entrepreneurial skill building
- Linkage with NGOs/Market Associations

A majority of drug users/dependents are known to have served prison sentences, either because of drug possession or drug-related crimes. Even when they manage to come out of jail, many are lured back to drugs and often land up in jail again. At Tihar, SPYM is playing a central role in helping them; especially young offenders, to break out of this vicious cycle of drugs and crime. For this, we have devised a comprehensive and holistic program that, once the dependence is over, intervention is aimed to support them to enter the social mainstream as productive members of society. The activities undertaken by SPYM at Tihar proved beneficial for the inmates as well as the jail administration by creating an environment of discussion and discourse at the jail.

### Key Activities at Tihar Jail:

- Just for Today (JFT) : Group Sharing session
- One to One Counseling Sessions
- Sessions on Life Skills
- Education
- Half Way Home Facility
- Vocational training and Entrepreneurial skill building
- Linkage with NGOs/Market Associations

# INTERVENTION AMONG DRUNKEN DRIVERS

## SPYM'S WORK WITH DRIVERS

---

SPYM is working closely with the Delhi Legal Services Authority and District Courts in the national capital to implement a brief intervention and counseling program for those used to drunken driving, or who are found indulging in domestic violence. Almost all of these deal with offences committed by males under the influence of alcohol or drugs or both. Through this, SPYM aims to identify and intervene among those who require support and assistance to prevent developing alcohol dependence. Areas covered under this project include South District, South East District and East District of Delhi.

### Key objectives:

- Identify Risk of Alcohol/Drugs dependence of each participating offender.
- Each participating offender to receive an individualized screening of their drinking behaviors.
- Each participating offender counseled on the consequences & harms of Alcohol/Drug Use
- Orient each participating offender on legal, social, occupational and financial repercussions of Alcohol/Drug Use
- Making appropriate referrals for treatment and maintain follow up care.

# 4800

Total number of drunken driving offenders were provided counseling services at six locations namely:• Saket Court• Patiala House Court• Karkardooma Court• Rohini Court• Tis Hazari Court• Dwarka Court

# SKILL DEVELOPMENT OF ADOLESCENTS

SPYM runs skill development programmes for adolescents in recovery, where hands-on skills are honed with training and practice. With increasing self-reliance, these youth explore the opportunity/possibility of having a stable/sustainable financial income after they become adults, while also feeling meaningfully accepted and included in the society.

## SHORT TERM COURSES BASED ON MODULAR EMPLOYABLE SKILLS IN INFORMATION TECHNOLOGY

---

At SPYM Vasant Kunj Deaddiction Centre, three month short term courses based on Modular Employable Skills in Information Technology are offered year long where students are given hands on practical experience of basic computer skills like MS Office, and Internet.

## SPOKEN ENGLISH PROGRAM WITH TEACH INDIA

---

The SPYM Vasant Kunj Deaddiction Centre, in association with Teach India, offers basic English classes for children. A total of 20 students were benefitted from these classes which were conducted for two hours daily from Monday to Saturday over the course of three months.

# SKILL DEVELOPMENT OF ADOLESCENTS

## PROGRAMME FOR ENTREPRENURIAL SKILL DEVELOPMENT

---

SPYM endeavours to empower the youth in recovery with various entrepreneurial skills including problem solving, planning and marketing etc. to equip them for the following entrepreneurial ventures:

- Plumbing Stitching & Tailoring
- Mobile Repairing
- Food production
- Bakery

These courses are conducted in association with Government schemes like the Technical Education Community Outreach Scheme (TECOS) and the Pradhan Mantri Kaushal Vikas Yojna (PMKVY).



# DEVELOPING ENTREPRENEURS FROM VICTIMS OF SUBSTANCE ABUSE IN RECOVERY

## CANTEEN AND CATERING SERVICES

---

The juveniles in recovery operate a canteen located in Sewa Kutir complex, and serve people from a range of agencies including Juvenile Justice Board, Children's Court I and III, Observation Home for Boys, Poor House Court (Beggars), Blind School and District Child Protection Office. The juveniles in recovery leading the Canteen Service also provide catering during parties and social functions. On an average 25-30 people directly access the canteen each day for food. The number of those ordering the food outside of the Canteen premises is an additional 25-30 people. The juveniles in recovery leading the Canteen Service also provide catering during parties and social functions.

## FOOD CART

---

SPYM enabled the former residents to operationalise three mobile food trolleys/carts across different locations, which have the capacity to store a range of pre-cooked meals as well as some food items and beverages that can be cooked or prepared.

# HOMELESS INTERVENTION PROGRAMME

---

With expertise of running 72 shelters for the homeless (including children, women, men, senior citizens etc.) and the most marginalised populations who live on the brink of social hierarchy, SPYM is the largest Shelter provider in Delhi.

It caters to the usual foot fall of over 5500-6000 beneficiaries on a daily basis. The numbers at these shelters which has more than doubled given the CoVID 19 pandemic and even more shelters are to be possibly added on an emergency basis to attend to the needy in the pandemic.

The homeless are a voiceless community that suffer numerous forms of abuse, gender- based violence and discrimination, majority of whom are drug addicts, mentally disabled people, senior citizens, children and victims of violence & sexual abuse. The homeless are more vulnerable to drug and alcohol abuse. The causes and reasons can be varied, from living in stressful and unstable environments to being unemployed. The street children and women are one of the most disadvantaged categories of homeless. They are exposed to all kinds of risks due to their vulnerability, peer pressure and experimental nature. Homeless become prone for sexual assaults, HIV/AIDS and other infections due to drug abuse. Extreme weather during winters further adds to the vulnerabilities & trauma for those spending nights on the streets without any shelter, care and protection.

Homeless may often be seen sleeping on pavements, bus stops, under flyovers, parks. In absence of aid, they often shiver to death. SPYM has been working for the homeless community since 2010 and is a 'Shelter Management Agency', as assigned by the Delhi Urban Shelter Improvement Board (DUSIB), Govt. of NCT of Delhi. While the Government of NCT of Delhi provides us with the premises and the required human resources, SPYM has been entrusted with the responsibility to manage the said shelters on their behalf.

---

# Winter

# NIGHT RESCUE

THE NIGHT IS DARK, WITH FEW SMEARS OF LIGHT THAT EMIT FROM THE PASSING VEHICLES. IF THE HOMELESS ARE LUCKY, THEY MIGHT GET TO SLEEP UNDER A STREETLIGHT. BUT SLEEPING THERE HAS ITS OWN DIFFICULTIES. IF YOU MAKE YOURSELF CALM AND COMFORTABLE, WHICH IS HIGHLY UNLIKELY, IT'S THE PASSING VEHICLES THAT DOESN'T LET THEM SLEEP.



KESAR WAS A DAILY WAGE WORKER, WHO WOULD WORK AT A CONSTRUCTION SITE AND SLEEP THERE ONLY. HE WAS SLEEPING ON THE PAVEMENT BECAUSE HIS WORK WAS FINISHED. ON BEING PRODDED UPON, HE RELUCTANTLY TOLD ME THAT HE WAS ASKED TO GET AWAY FROM THE SITE BECAUSE HE WASN'T WORKING PROPERLY.

SPYM conducts rescue operations throughout the year; intensifying operations during the winter season to ensure that none of the urban homeless dies struggling with cold weather.

Rescue team undertakes daily visits in target districts of Delhi (catchment area) to identify people living without shelter or need urgent care and protection.

Such people are motivated to shift to nearby shelter homes, those unwilling are provided immediate relief.

First aid and due medical attention is given to those found suffering from illness.

This process requires availability of transportation facility to shift homeless to shelter homes or hospitals as per the need.

The Delhi Government has initiated Telephonic Helpline to respond to any calls received from the homeless or passerby citizens. SPYM will coordinate with the helpline for rescue operations.

**DURING 2019-20, SPYM REACHED OUT TO AND RESCUED APPROXIMATELY 12,000**



# OTHER ACTIVITIES

---

Apart from these activities, SPYM has a lot in its mandate to support the homeless community.. Few other things that SPYM does in this domain include:

## **Political Inclusion of the Homeless:**

Majority of homeless Community members comprise of labourers, daily wage earners, rag pickers migrated from North & East region of the country. In absence of identity, the homeless community is not only harassed by Police but also stay deprived of Government schemes available for the marginalized community.

## **Financial Inclusion of the Homeless:**

SPYM promotes formation of Self-Help Groups to promote savings. SPYM acts as guarantee (verify) in Nationalised Banks to facilitate opening of Bank Accounts for the homeless people.



# HOMELESS WOMEN'S COLLECTIVE

In April 2018, SPYM has started a Homeless Women's Collective called "Sushila" in Central Delhi with the objective of providing socioeconomic help to street based women. Due to the funding received from Dr. Amita V. Joseph, SPYM identified 10 young, homeless women exhibiting leadership skills to work on mobilizing similar street based women in their areas, and facilitate their linkage with government entitlements, as well as other basic health and social services.



## OUTCOMES

Street based women have gained access to government entitlements like Voter ID, Aadhar Card, Ration Card etc. which were previously inaccessible to them

Street based women have gained cash skills which has helped them achieve financial independence.

Being a part of a Collective, they have acquired strength in numbers for these women, which has helped them in protecting themselves from physical violence, sexual abuse, economic exploitation etc.

So far 3460 have been mobilized. However the collective of homeless women is therefore an initiative to bring together all the resources and collaborate with a joint effort to bring a positive outcome.

The group of Collective of Homeless Women conducted several rallies to address the issue of homelessness and create awareness regarding the situation.

# TARGETED INTERVENTIONS

## FOR PREVENTING HIV IN INJECTING DRUG USERS AND TRUCKERS - DAKSHINPURI, SOUTH EXTENSION AND LAL QUAN

---

At Dakshnipuri, SPYM provides services to prevent HIV amongst the IDUs who are one of the High Risk Groups (HRGs) for HIV transmission through Targeted Interventions (TI) which is an evidence based and comprehensive response for halting the HIV epidemic among IDUs.

The aims of TI for IDUs are as follows:

- :Providing the essential means and services that IDUs and their sexual partners need to practise safe behaviours (injecting as well as sexual) to reduce transmission of HIV.
- Creating an enabling environment, which not only does not place obstacles in the way of safer behaviours but also proactively supports the practice of safer behaviours.
- Ensuring that the IDU community (including their sexual partners) as a whole are empowered to decide for themselves and are able to lobby and advocate for what they need.



Source: GiveIndia Blog

# TECHNICAL SUPPORT UNIT

## FOR PREVENTING HIV IN INJECTING DRUG USERS AND OTHER HIGH RISK GROUPS

---

As a TSU, SPYM is facilitating respective State AIDS Control Societies (SACS) in project planning & implementation of HIV prevention and treatment services among High Risk Group population including People Who Use Drugs (PWUD). It has facilitated states in need-based scale-up of the intervention, capacity building of project partners, ensuring quality service delivery to the target population and making need based course correction as per program requirements. Specific work related to HIV prevention and treatment among PWUD includes:

Facilitation in initiation and scale up of Opioid Substitution Treatment (OST) centres in the States. A total of 33,543 drug users have been started on OST through 46 OST centres in the said states.

Facilitated and initiation of Outpatient Opioid Assisted Treatment (OOAT), a state government initiative, to provide treatment to opioid dependents. At present, 199 OOAT centres are functional in the State of Punjab covering more than 1.25 lakh patients through public health facilities.

• OST services have also been initiated in 9 central jails of Punjab covering around 12000 prison inmates. • Use of Community Based Screening to screen PWUD for HIV and linkage of identified PLHIV with HIV treatment services. Using this approach, 4.5% HIV cases (1237) have been identified among drug using population registered with OOAT program. • Initiation of satellite OST centre to ensure better accessibility of OST services to drug users. 9 Satellite OST centres have been setup covering more than 1300 PWUD. SPYM has also contributed in development of guidelines and tools at national level for harm reduction intervention being implemented through NACO, Ministry of Health & Family Welfare, Govt. of India.

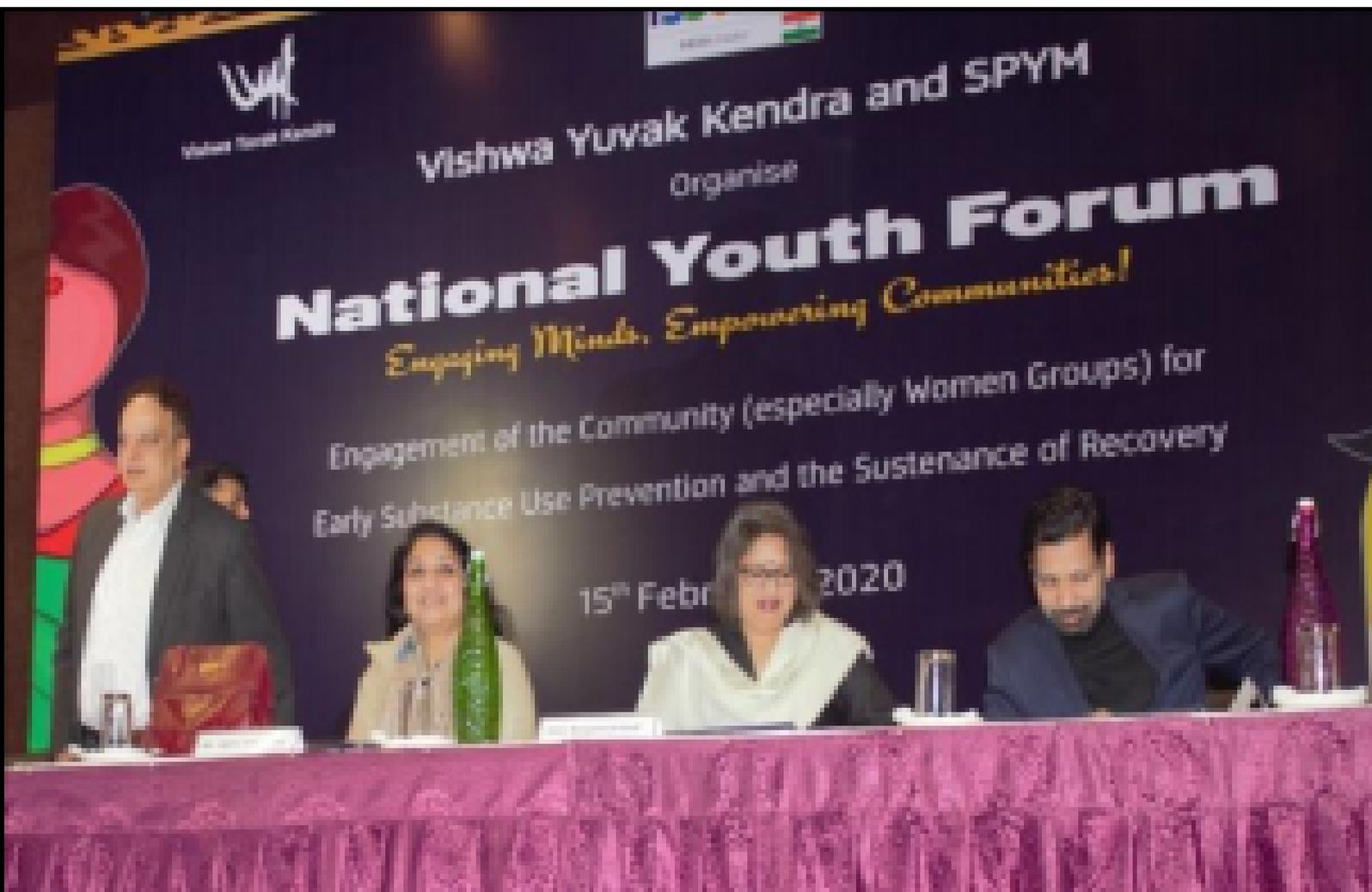


## LAUNCH OF ISSUP, INDIA CHAPTER





# NATIONAL YOUTH FORUM 2019



# NATIONAL YOUTH FORUM

## **‘ENGAGING THE COMMUNITY (ESPECIALLY WOMEN GROUPS) FOR EARLY SUBSTANCE USE PREVENTION AND SUSTENANCE OF RECOVERY’**

---

SPYM, in partnership with Vishwa Yuvak Kendra, organised the 5th National Youth Forum on Drug Abuse Prevention at Vishwa Yuvak Kendra, Chanakyapuri, New Delhi on 15th February, 2020. The forum is aimed at empowering the youth to become change agents in the field of drug abuse prevention. The theme for this year’s event was **‘Engaging the Community (especially Women Groups) for Early Substance Use Prevention and Sustenance of Recovery’**.

It was a day-long event and the purpose of the forum was to discuss modalities and seek commitment for initiating community-led drug prevention interventions and to identify strategies to empower youth leaders for mobilizing their communities to implement these strategies in various target locations in their respective communities. This forum was attended by around 150 women from Community based Organisations in Delhi who had been mobilised by ‘Action India’ which works towards enhancing the participation of women as citizens to claim their rights and entitlements, to access public health and civic services to better the environment and quality of life of the urban poor. The event was also attended by around 150 professionals working in the field of substance use disorder and several youth from different Universities and Colleges.

## REGIONAL RESOURCE & TRAINING CENTRE

SPYM has been designated as an RRTC by the Ministry of Social Justice & Empowerment (MSJ&E), Govt. of India since 2000 for NGOs working in the field of substance abuse prevention and counseling, drug de-addiction and rehabilitation programming. SPYM provides training, mentoring and technical support to over 100 NGOs located in the northern region of the country, covering Delhi, Haryana, Punjab, Uttar Pradesh and Uttarakhand.

RRTC North is tasked with carrying out need-based training programs for the professional development of service providers, technical backstopping, assisting in program implementation, research and documentation, development of training and IEC materials, networking and advocacy, monitoring of NGOs, monitoring the trends of drug abuse and HIV in the northern region, and mainstreaming of the HIV/AIDS program in the ongoing drug abuse prevention interventions.

A total of 20,340 people participated in different training Programs that included Programs such as skill development for counselors, sensitization Program on law enforcement functionaries, drug abuse prevention etc.

Research remains central to all SPYM activities. It has partnered research projects with the Ministry of Social Justice & Empowerment, Government of India, Ministry of Health & Family Welfare, Government of India, United Nations Office on Drugs and Crime, Regional Office for South Asia, UNAIDS and National Drug Dependence Treatment Centre and All India Institute of Medical Science (AIIMS) among others during the past.

## **NATIONAL DRUG USE SURVEY**

SPYM conducted National Survey on 'Extent & Pattern of Substance Use in India' in the states of Punjab, Delhi, Haryana, Uttarakhand, Uttar Pradesh, Madhya Pradesh, Goa and Tripura. The survey was supported by the Ministry of Social Justice & Empowerment, Government of India. More than one lakh respondents were interviewed under the survey. SPYM has been designated as National Operational Resource Unit (NORU) extending technical support to all the states at the national level under National Drug Use Survey. Ministry of Social Justice and Empowerment, Government of India, designated SPYM as NORU given its past experience and SPYM was also technically supported by AIIMS in extending said support to the states under National Drug Use Survey.

Focused thematic studies among homeless community members, transgenders and Female Sex Workers (FSW) is underway in the states of Delhi, Uttar Pradesh, Madhya Pradesh and Bihar. More than 3000 respondents were interviewed under the ongoing survey.

## **DEMANDSURVEY & MIS ENTRY OF HOUSEHOLD IN JHUGGI JHOPDI BASTIS IN DELHI**

SPYM is conducting house to house basis survey to collect data from JJ bastis in Delhi. The project is supported by Delhi Urban Shelter Improvement Board (DUSIB), Govt. of NCT Delhi. The survey is aimed to collect household data with documents on their status and eligibility for resettlement /in-situ development Program.

## RECOGNITION & AWARDS



- 2016 **National Award for Child Welfare 2015 from Honorable President of India Sri Pranab Mukherjee**
- 2014 **National Award** for best innovative services in the field of Drug abuse Prevention & treatment by **Sh. Pranab Mukherjee, Hon'ble President of India**
- 2009-10 Best NGO Award by Delhi State AIDS Control Society (DSACS), Government of NCT of Delhi for outstanding performance in the area of HIV/AIDS prevention among Female Sex Workers(FSWs), Men having Sex with Men (MSMs), Transgender and Intravenous Drug Users (IDUs)
- 2006 National Leadership Award in recognition of outstanding Achievements, commitments ad vision as a young leader in the field of community services by Hon'ble Finance Minister of India.
- 2001 National Youth Award awarded by the Ministry of Youth Affairs and Sports, Government of India by Hon'ble Prime Minister of India.
- Commonwealth Youth Award by Secretary General, Commonwealth, London.
- 1999 Delhi Gaurav Award by Sh. Sahab Singh Verma, Hon'ble Chief Minister of Delhi.
- 1989 National Youth Award awarded by the Hon'ble Prime Minister of India.

## MEMBERSHIPS & AFFILIATIONS

- Member, **Juvenile Justice Committee, Hon'ble High Court of Delhi.**
- Member, steering committee, **Delhi State Legal Services Authority**
- Member, Central Advisory Board, **Ministry of Women and Child Development, Government of India**

- Associate Member, Dianova Network
- Steering Group of **International Drug Policy Consortium (IDPC)**
- Host National Chapter - India, **International Society of Substance Use Prevention & Treatment Professionals (ISSUP)**
- Technical Resource Groups (TRGs), **National AIDS Control Organization (NACO), Ministry of Health & Family Welfare** <sup>31</sup> **vt. of India**
- Member, Grant Approval Committee, **Ministry of Social Justice & Empowerment, Govt. of India.**
- Member, National Consultative Committee on De-addiction and Rehabilitation (NCCDR), GOI
- Steering committee Project H-13, UNODC for the SAARC countries
- Chair, **Common Wealth Countries Youth Division representation in the main management committee of Commonwealth Secretariat, London** in 1993.
- **First Asian representative to the Commonwealth Youth Caucus, London** in 1991.

**SPYM has been elected as the National Secretary for three National Networks and one regional Network:**

- *Federation of Indian NGOs for Drugs and AIDS Prevention (FINGODAP)*
- *Indian Harm Reduction Network (IHRN)*
- *SAARC Forum for Civil Society Organisations*
- *Association of Resource Managers against Alcohol & Drug Abuse (ARMADA), ILO*

***SPYM holds a special consultative status with the Economic and Social Council (ECOSOC) of the United Nation.***