



2021-2022

# ANNUAL REPORT

SPYM Centre,  
Aruna Asaf Ali Marg, Vasant Kunj

# ABOUT SPYM



SPYM is a National Nonprofit Organization with a nationwide network working in the fields of community mobilization, healthcare, and socioeconomic development for more than three decades.

SPYM works at the state and national levels and is focused on the following domains:

- Community mobilization for leadership development
- Healthcare (Reproductive & sexual health, HIV/AIDS, Drug Use, etc.,)
- Field Survey, Research, Education, and Documentation
- Advocacy & Networking for better policies



# VISION

SPYM endeavours to empower vulnerable and marginalized populations by facilitating access to services to improve their physical, mental, social well-being and holistic development.



**Delhi**  
**Punjab**  
**Rajasthan**  
**Haryana**  
**Chandigarh**  
**Kerala**  
**Tripura**  
**Manipur**  
**West Bengal**

**GEOGRAPHICAL AREAS COVERED**



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# NAVCHETNA



**FOR PREVENTION OF DRUG USE AMONG CHILDREN, A TRAINING MODULE TITLED "NAVCHETNA" TARGETED TOWARDS UPPER PRIMARY SCHOOL CHILDREN WAS DEVELOPED BY SPYM.**

The training module NAVCHETNA provides important background material for teachers to better understand the value of specific life skills and education about drugs before it is delivered to school children.

This training module has nine self-contained sessions and has been designed for the age group 11 - 16 years. The content of each session is designed to be delivered in 60 minutes.





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## SPYM INDIA AT ISSUP INTERNATIONAL CONFERENCE AT ABU DHABI, DUBAI

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**ISSUP** INTERNATIONAL SOCIETY OF SUBSTANCE USE PROFESSIONALS

# UNIVERSAL PREVENTION

Dr. Wadih Maalouf  
MODERATOR

Manish Kumar

Dr. Pall Rikhardsson

Dr. Patricia Ros

## DRUG TREATMENT CUM REHABILITATION CENTERS

Since 1989, SPYM has been providing drug and alcohol treatment services at different locations to substance users supported by the Ministry of Social Justice & Empowerment, Govt. of India & the Department of Women and Child Development(DWCD), Govt of NCT of Delhi. These centers provide in-house treatment facilities for an average duration of 90 days.

**1219**

A total of 1219 people were treated across all the centres under the program.





278 juveniles were treated and rehabilitated at Sewa Kutir Centre. The children went through series of sessions on counselling, group therapy, literacy, numeracy, life skills, etc.



36 females were treated and rehabilitated at Pardabagh Centre. The females also went through sessions in counselling, group therapy, literacy, numeracy, life skills, etc.



157 Children were treated and rehabilitated at Delhi Gate Centre. The children went through sessions in counselling, group therapies, literacy, numeracy, life skills, etc.

99 males were treated and rehabilitated at Vasant Kunj Centre. The clients were taken through sessions in counselling, group therapy, literacy, numeracy, life skills, etc.





135 males were treated and rehabilitated at Dakshin Puri Centre. The clients went through sessions in counselling, group therapy, literacy, numeracy, life skills, etc.



137 males were treated and rehabilitated at Kotla Centre. The clients went through sessions in counselling, literacy, numeracy, life skills, etc.



198 males were treated and rehabilitated at Chandigarh centre. The children were taken through sessions in counselling, group therapies, literacy, numeracy, life skills, etc.



179 males were treated and rehabilitated at Darjeeling centre. The children were taken through sessions in counselling, group therapies, literacy, numeracy, life skills, etc.



# SPYM IN DARJEELING

The basic purpose of the organisation is to assist in building a better quality of life for the people by:

- 1.The main objective of SPYM is to equip the youth/women with adequate skills and inculcate leadership
- 2.qualities so as to enable them to enact as catalysts to bring social change.
- 3.To restore the lost self-confidence or self-control of the drug addict youth & to work for their
- 4.normalization & prevent atrocities against women.
- 5.To promote the spirit of self-sufficiency by urging the women/youth to undertake income generation
- 6.activities.
- 7.To make efforts for the promotion of better health care and education for women as well as for
- 8.deprived children.
- 9.To make efforts to organize training for rural and urban poor people to enable them to participate in
- 10.various social development activities.
- 11.To make efforts to promote micro credit activities to reduce poverty.

Beneficiaries. Youth, women and marginalized sections of society.

PROGRAM :

De-addiction & Detoxification:

De-addiction cum Rehabilitation centre for Substance Abusers SPYM runs Detoxification centre Darjeeling:



# STATE TECHNICAL SUPPORT UNIT ON TUBERCULOSIS



Central Tuberculosis Division (CTD) has set up National Technical Support Units (NTSU) at the National level and State Technical Support Units (STSU) at state capitals in each of the nine targeted states to support activities related to Private Sector, Direct Benefit Transfer (DBT), PFMS, and Multi Sectoral Engagement. STSU - Rajasthan has been assigned to Society for Promotion of Youth & Masses (SPYM) and has started functioning in July 2021.





Central Tuberculosis Division (CTD), Ministry of Health & Family Welfare (MoH&FW), Government of India has similarly assigned SPYM to set up STSU - West Bengal, and this STSU on TB has started functioning in January 2022. The STSU team orientation program was inaugurated by the Hon'ble Shri Moitra, Mission Director, NHM, Government of West Bengal, Kolkata.



# TECHNICAL SUPPORT UNITS

SPYM is mandated as the Technical Support Unit (TSU) by NACO to extend technical assistance in specified areas to the respective state AIDS Control Society of Punjab, Chandigarh, Haryana, West Bengal, and Kerala. The aim of TSU is to support the achievement of the NACP goals and objectives.



NACO Review meeting at Kovalam, Kerala



# TARGETED INTERVENTION (TI)

The TI programme in Delhi is operational at Kotla Mubarakpur, Dakshinpuri for injecting drug users and long distance truck drivers at Tuglakabad. SPYM, with the support of the Delhi State AIDS Control Society (DSACS), runs Targeted Intervention



(TI) projects with the following objectives:

- Preventing the spread of HIV by slowing down the spread of STIs among the vulnerable populations
- Providing care and support to the infected and affected population, thereby reducing the impact of HIV/AIDS both socially and economically



In the financial year 2021-2022, the centre provided clinical services to around 1600 IDUs.



# WORKPLACE INTERVENTION AMONG TRUCKERS



SPYM has been working with truckers at ICD Tuglakabad for the last 15 years to promote the prevention of HIV/AIDS. Since July, 2010, the intervention among truckers has been supported by the Delhi State AIDS Control Society (DSACS).



During 2021-22, SPYM reached out to approximately 20,000 truckers through IPC sessions, street plays, and awareness camps, out of which 2,505 truckers avail themselves the clinical services from the centre.

Long-distance truck drivers and their helpers spend months at a stretch on the highways and are away from their homes/family members. These truckers are more likely to engage in high-risk sexual behaviour than short-distance truckers. They have multiple sexual partners, including female sex workers (FSWs) on the highways, or they have other fixed partners en route or at places where they stop for rest or food. This results in a higher prevalence of sexually transmitted infections among truckers compare to the general population. Truckers are also reported to have sex with male sexual partners.





# OUTREACH AND DROP-IN CENTRE (ODIC)



SPYM runs ODICs in Chandni Chowk, Chandigarh, West and North Tripura. Outreach and Drop-In Centres (ODIC) are a community-based facility for substance users. ODICs cater to individuals, particularly youth who use various substances and those who have the least access to resources. ODICs provide a pathway for substance users to a non-threatening and caring environment.



Around 1,027 beneficiaries have been registered so far at the centers in the financial year 2021-2022.



# LINK WORKER SCHEME

SPYM is the lead partner organisation implementing the Link Worker Scheme (LWS) in the North Eastern states of Tripura and Manipur since February 2009, supported by the State AIDS Control Society and NACO.



Around 762 beneficiaries have been registered at the centres in the 2021-22 financial year.



# OPIOID SUBSTITUTION THERAPY CENTRE

SPYM runs an Opioid Substitution Therapy (OST) centre in Chandni Chowk, Delhi. These centres are effective in substantially reducing drug use, HIV risk behaviours, death from overdose, street-based crime, and financial and other stresses on drug users and their families.

Around 517 beneficiaries have been registered at the centre in the 2021-22 financial year.



# FOCUS THEMATIC STUDIES (FTS)



A Focused Thematic Study (FTS) was conducted with support from the Ministry of Social Justice & Empowerment, Govt. of India and All India Institute of Medical Sciences (AIIMS), New Delhi among homeless, female sex workers and transgenders at selected locations across India. The purpose of the study was to a) study the pattern of substance use and profile of users among homeless, female sex worker and hijra/transgender communities in India and b) explore the service needs among substance-using homeless, female sex workers and hijra/transgender communities.



Data was collected using a Respondent Driven sampling method by a pool of trained investigators in Bangalore (Karnataka), Bhopal & Indore (Madhya Pradesh) and Trivandrum (Kerala). Training of field investigators was conducted with technical support from AIIMS, New Delhi. Field investigators were also provided support to ensure data quality.



# COMMUNITY PEER-LED INTERVENTION (CPLI)

Under the scheme of Targeted Intervention, the Ministry of Social Justice and Empowerment, Govt of India has introduced Community-Based Peer-Led Intervention (CPLI) which would be aimed to prevent and reduce substance use among adolescents/young people. SPYM runs CPLI with the support of Department of Women & Child Development (DWCD), Govt. of NCT of Delhi in South Delhi, South East Delhi, and Chandigarh.



60 Peer educators have been enrolled and a total 1,162 Peer volunteers have been enrolled in CPLI projects from the sites.



# DELHI DEVELOPMENT AUTHORITY (DDA) SURVEY

SPYM conducted the survey for the DDA and captured the data in an electronic format through an android-based mobile app on which all the survey forms were generated and signed. The data was used for the following purposes:

- Identify the location of the households with appropriate documentation
- Collect a comprehensive household database



SPYM conducted survey in 5 districts of Delhi including South, South East, South West, North and Central Delhi. SPYM completed 202 clusters in the 2021-22 financial year.

# HOMELESS SHELTERS MANAGED BY SPYM



SPYM, in partnership with Delhi Urban Shelter Improvement Board (DUSIB), has been working in 5 districts including South, South East, South West, Central and New Delhi.

A total of 57 DUSIB shelters are managed by SPYM in the above-mentioned districts.

About 3,000 homeless and marginalized people are served at above shelters managed by SPYM.



# STATE LEVEL COORDINATION AGENCY (SLCA)



SPYM has been designated as an RRTC, now known as SLCA by the Ministry of Social Justice & Empowerment (MSJ&E) since 2000 for NGOs working in the field of substance abuse prevention and counselling, de-addiction, and rehabilitation of drug users.

SPYM provides training and technical support to over 100 NGOs located in the northern region of the country, covering Delhi, Haryana, Punjab, Himachal Pradesh, Uttar Pradesh, Uttarakhand and J&K.

SPYM conducted series of training programs on substance use, prevention and treatment. The training workshops were supported by the National Institute of Social Defence (NISD) and Ministry of Social Justice and Empowerment (MSJE), Govt of India. More than 150 members were oriented through these programs.





## HOMELESS INTERVENTIONS

- Access to food, clothing, bedding, medical facilities.
- Enrollment in schools and provision of non-formal education.
- Extracurricular activities like dance, drama, art, martial arts etc.
- Vocational training courses for adult family members
- Shoes, bags, books, and hygiene kits distributed among children enrolled in schools at shelters for the homeless.



- The **#Ab\_Bhiksha\_Nahin\_Shiksha** campaign has been launched by SPYM to mobilise & rehabilitate children and families involved in the act of begging. With the CSR support of CONCOR (Container Corporation of India Ltd.), SPYM has mobilised more than 90 children.
- The "Bhiksha Nahin Shiksha" campaign aims to identify the children involved in begging at traffic signals and enroll them in school.
- The campaign has the support of various government agencies like DUSIB, Delhi Police, etc. The project discourages people to give alms as it fortifies begging and exposes the children to various threats on streets.



An SPYM team, in collaboration with Delhi Police, has identified and relocated more than 150 substance users and beggars from Hanuman Mandir in Connaught Place to the SPYM homeless shelter in Bangla Sahib. They have been provided with safe shelter, food, and appropriate medical care.



During the 2021-22 year, SPYM reached out to and rescued approximately 12,000 homeless community members along Delhi roads.

## WINTER RESCUE

SPYM conducts rescue operations throughout the year, intensifying operations during the winter to ensure none of the urban homeless die while struggling with cold weather.

Rescue teams undertake daily visits in target districts of Delhi (catchment area) to identify people living without shelter or in need urgent care and protection.

The Delhi Government has initiated a helpline to respond to any calls received from the homeless or passerby citizens. SPYM coordinates with the helpline for rescue operations.





# HOMELESS WOMEN'S COLLECTIVE

SPYM has oriented members of the homeless women collective in the Chandni Chowk area who are supported by New Space India Limited. The team is working to identify and rehabilitate homeless involved in begging along the streets. This marginalised community is highly exposed to different forms of abuse on the streets. Our women's collective members identify such people and coordinate with the nearest shelters, old age homes, clinics, or rehabs depending on the necessity. The collective members themselves also come from the same background.



During the 2021-22 year, members have identified, mobilised and shifted around 747 homeless to the respective centres.



## DIGITAL LITERACY CENTRE

The Digital Literacy Centre was started at Sarai Kale Khan and Nizamuddin shelters with donations from the Digital Empowerment Foundation (DEF). Interested children and adults at the centre will now attend classes and receive computer certification.



## COMMUNITY AWARENESS

SPYM conducted a series of awareness programs on the prevention of drug use in several high-risk areas in Delhi. The program was supported by the National Institute of Social Defence (NISD), MSJ&E, Govt. of India. More than 2,000 homeless members were sensitized through these programs.



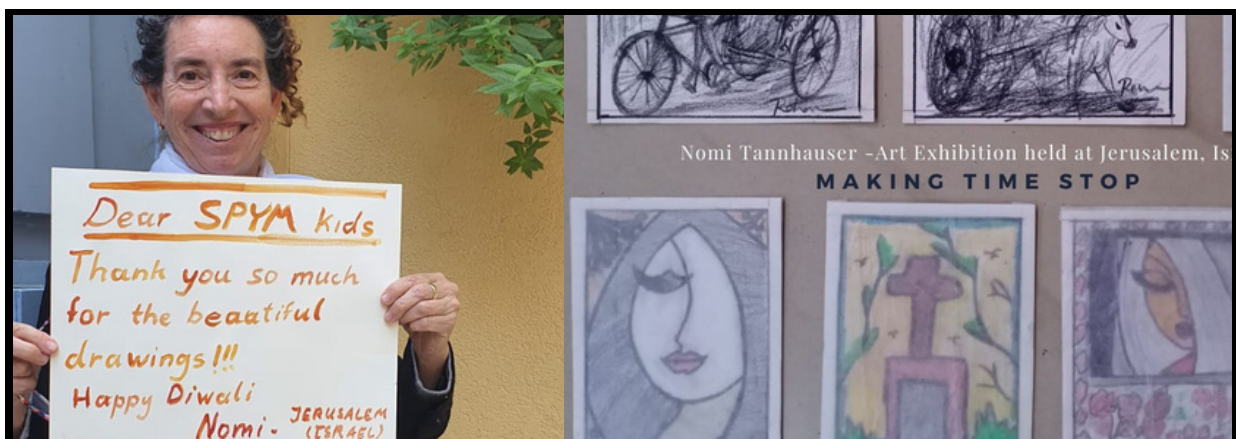


## SKILL DEVELOPMENT PROGRAMS

SPYM endeavours to empower the youth in recovery with various entrepreneurial skills, including problem-solving, planning, marketing, etc. to equip them for the following entrepreneurial ventures:

- Computer fundamentals
- Plumbing, Stitching & Tailoring
- Mobile Repairing
- Food production
- Bakery
- Beautician

These courses are conducted in association with Government schemes like the Technical Education Community Outreach Scheme (TECOS) and the Pradhan Mantri Kaushal Vikas Yojna (PMKVY).



Drawings made by the children supported by SPYM were proudly exhibited in the art exhibit "**Making Time Stop**". The art enabled Nomi to return to her childhood experiences and also to engage in the themes of maturing with the passage of time.

# RECOGNITION & AWARDS



2016 - National Award for Child Welfare 2015 from Sri Pranab Mukherjee, Hon'ble President of India

2014 - National Award for Best Innovative Services in the field of Drug abuse Prevention & Treatment by Sri Pranab Mukherjee, Hon'ble President of India

2009-10 - Best NGO Award by Delhi State AIDS Control Society (DSACS), Government of NCT of Delhi for outstanding performance in the area of HIV/AIDS prevention among Female Sex Workers(FSWs), Men having Sex with Men (MSMs), Transgender and Intravenous Drug Users (IDUs)

2006 - National Leadership Award in Recognition of Outstanding Achievements, Commitments, and Vision as a young leader in the field of community services by Hon'ble Finance Minister of India.

2001 - National Youth Award awarded by the Ministry of Youth Affairs and Sports, Government of India by Hon'ble Prime Minister of India.

Commonwealth Youth Award by Secretary-General, Commonwealth, London.

1999 - Delhi Gaurav Award by Sh. Sahab Singh Verma, Hon'ble Chief Minister of Delhi.

1989 - National Youth Award by the Hon'ble Prime Minister of India.



# MEMBERSHIPS & AFFILIATIONS

- Member, Juvenile Justice Committee, Hon'ble High Court of Delhi.
- Member, DLSA board committee, Delhi State Legal Services Authority
- Member, Central Advisory Board, Ministry of Women and Child Development, Government of India
- Associate Member, Dianova Network
- Host National Chapter - India, International Society of Substance Use Prevention & Treatment Professionals (ISSUP)
- Technical Resource Groups (TRGs), National AIDS Control Organization (NACO), Ministry of Health & Family Welfare, Govt. of India
- Member, Grant Approval Committee, Ministry of Social Justice & Empowerment, Govt. of India.
- Member, National Consultative Committee on De-addiction and Rehabilitation (NCCDR), GOI

SPYM has been elected as the National Secretary for three National Networks and one regional Network:

- Federation of Indian NGOs for Drugs and AIDS Prevention (FINGODAP)
- Indian Harm Reduction Network (IHRN)
- SAARC Forum for Civil Society Organisations
- Association of Resource Managers against Alcohol & Drug Abuse (ARMADA), ILO

SPYM holds a special consultative status with the Economic and Social Council (ECOSOC) of the United Nations.



# OUR PARTNERS

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- 1.Ministry of Social Justice & Empowerment (MSJE), Govt. of India
- 2.Department of Women & Child Development (DWCD), Govt. of NCT of Delhi
- 3.Ministry of Health & Family Welfare (MOH&FW), Govt. of India
- 4.National AIDS Control Organization (NACO), Ministry of Health & Family Welfare, Govt. of India
- 5.National Institute of Social Defence (NISD), Govt of India
- 6.National Commission for Women (NCW)
- 7.International Institute for Population Sciences (IIPS)
- 8.Container Corporation of India Limited (CONCOR)
- 9.National Minorities Development & Finance Corporation (NMDFC)
- 10.Colombo Plan
- 11.Delhi Urban Shelter Improvement Board (DUSIB), Govt. of NCT of Delhi
- 12.Delhi Development Authority (DDA)
- 13.DLF Foundation
- 14.Paul Hamlyn Foundation (PHF)
- 15.Business & Community Foundation (BCF)
- 16.Digital Empowerment Foundation (DEF)
- 17.NewSpace India Limited (NSIL)
- 18.Mahavir International
- 19.Delhi Solidarity and Action Against The HIV Infection in India (SAATHII)
- 20.Ignite Asha





# ABBREVIATIONS

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CWC	• CHILD WELFARE COMMITTEE	NGO	• NON GOVERNMENTAL ORGANIZATION
DLSA	• DELHI STATE LEGAL SERVICES AUTHORITY	CBO	• COMMUNITY BASED ORGANIZATIONS
DU	• DRUG USERS	PPTCT	• PREVENTION OF PARENT TO CHILD TRANSMISSION
FINGODAP	• FEDERATION OF INDIAN NGOS FOR DRUG ABUSE PREVENTION	BPL	• BELOW POVERTY LINE
IDU	• INJECTING DRUG USERS	RCH	• REPRODUCTIVE AND CHILD HEALTH
JJB	• JUVENILE JUSTICE BOARD	RRTC	• REGIONAL RESOURCE & TRAINING CENTER
MSJE	• MINISTRY OF SOCIAL JUSTICE AND EMPOWERMENT	OST	• OPIOD SUBSTITUTION THERAPY
NFE	• NON-FORMAL EDUCATION	TECOS	• TECHNICALLY EDUCATION COMMUNITY OUTREACH SCHEME
ODIC	• OUTREACH AND DROP IN CENTER	PMKVY	• PRADHAN MANTRI KAUSHAL VIKAS YOJNA
PLI	• PEER-LED INTERVENTION	DUSIB	• DELHI URBAN SHELTER IMPROVEMENT BOARD
TG	• TARGET GROUP	BVM	• BAG VALVE MASK
WPR	• WHOLE PERSON RECOVERY	PPE	• PERSONAL PROTECTION EQUIPMENT
SHG	• SELF HELP GROUP	NABARD	• NATIONAL BANK FOR AGRICULTURAL AND RURAL DEVELOPMENT
NA	• NARCOTICS-ANONYMOUS	ISSUP	• INTERNATIONAL SOCIETY OF SUBSTANCE USE PREVENTION AND TREATMENT PROFESSIONAL
AA	• ALCOHOL-ANONYMOUS	AIIMS	• ALL INDIA INSTITUTE OF MEDICAL SCIENCES
TI	• TARGETTED INTERVENTIONS	NORU	• NATIONAL OPERATIONAL RESOURCE UNIT
HRG	• HIGH-RISK GROUP	NDDTC	• NATIONAL DRUG DEPENDENCE TREATMENT CENTER
NSEP	• NEEDLE AND SYRINGES EXCHANGE PROGRAMME	NSSO	• NATIONAL SAMPLE SURVEY ORGANISATION
STI	• SEXUALLY TRASMITTED INFECTION		
PHC	• PRIMARY HEALTH CENTER		
TB	• TUBERCULOSIS		
DOTS	• DIRECTLY OBSERVED TREATMENT, SHORT-COURSE		
ICTC	• INTEGRATED COUNSELLING AND TREATMENT CENTER		
VCTC	• VOLUNTARY COUNSELING AND TESTING CENTER		
ART	• ANTI-RETRO-VIRAL THERAPY		
FSS	• FOOD SAFETY AND STANDARD AUTHORITY OF INDIA		





**SPYM**  
BE YOUR OWN LIGHT

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